

Dr. Ferrario Earns Distinguished Alumnus Award

As a young Argentinean studying cardiology in Sweden, **Carlos Ferrario, M.D. (RES'69)** knew of the exciting work being done in the United States in his field.

He planned to spend one year in the U.S. before returning to Buenos Aires. But when he contacted renowned Cleveland Clinic cardiologist **F. Mason Sones Jr., M.D.**, he learned that the program he hoped to participate in was already full. Fortunately, Dr. Sones was so impressed with Dr. Ferrario that he suggested he work in the laboratory of his colleague, **Irvine Page, M.D.** for a year until a spot opened for him in Cardiology. Dr. Ferrario obliged and found his passion in Dr. Page's lab. During his 35-year career, he has earned an international reputation in the study of hypertension and vascular disease.

Dr. Ferrario is the 2006 recipient of the Cleveland Clinic Alumni Association's Distinguished Alumnus Award. He is the 18th individual selected for the award since its inception in 1977. The award was presented at the annual Cleveland Clinic Staff Dinner on June 9, 2006.



Drs. Dan Wilson (see page 7), Carlos Ferrario, and William Braun (see page 4).

Dr. Ferrario says that he is very pleased and proud to have been selected as the Distinguished Alumnus. "My years at the Cleveland Clinic provided a strong foundation for

continued on page 9

Fertile History Propels Glickman Urological Institute to Forefront

A rich heritage of innovation and leadership in urology has resulted in the Cleveland Clinic Glickman Urological Institute's designation in *U.S. News & World Report* as one of the nation's top two urology programs for six years in a row.

Staffed by the world's largest and most accomplished team of urologic surgeons and scientists, the Glickman Urological Institute has been responsible for unprecedented advances in the treatment of urological diseases.

Today's pioneers share their forefathers' commitment to innovation. Cleveland Clinic urologists have pioneered or developed many procedures that have been disseminated around the world. For example, they:

- Performed one of the first cadaver kidney transplants in 1963. Today, Cleveland Clinic urologists are among a handful of physicians in the world performing laparoscopic donor nephrectomy.
- Pioneered kidney-sparing surgery and Cleveland Clinic was one of the first medical centers to offer a minimally invasive approach to this procedure.
- Pioneered laparoscopic radical prostatectomy for prostate cancer.
- Performed the world's first laparoscopic cryoablation for kidney cancer.
- Pioneered "bench surgery" more than 20 years ago,

continued on page 16

Physicians Extol Benefits of Dance

Long before “Dancing with the Stars” took TV audiences by storm, Cleveland’s movers and shakers were learning to dance from Dick Blake at his state-of-the-art studio in Beachwood, OH.

Several Cleveland Clinic alumni are among those who have enriched their lives through dance lessons with Mr. Blake.

Elaine Wyllie, M.D. (N’84, NPHY’85), head of the Pediatric Neurology Center, decided to take dance lessons when her son told her she’d be expected to dance at his wedding. With busy medical careers and raising two children, she and her husband, **Robert Wyllie, M.D.**, Physician-in-Chief of the Children’s Hospital, had never found time to dance.

She says starting lessons with Mr. Blake was “magical. We were completely caught up in it from the first lesson.” One year into their dance lessons, Mr. Blake refers to the Wyllies as high-level dancers.

It’s not all about the dance steps at Mr. Blake’s studio. With more than 20 years of teaching to his credit, Mr. Blake says that dancing provides an “oasis” from the stresses of everyday life.

“My physician clients are very cerebral people who are looking for more out of exercise than they can find on a treadmill,” he says. “With dance, they are working on balance, poise, sensuality, grace—all in the context of physical activity.”

“We derived so much enjoyment from our lessons with Mr. Blake that we continued long after our wedding,” says **Roxanne Valentino, M.D.** (N’04, NSD’05), who began lessons with Orthopaedic Surgery resident **Daniel Burval, M.D.** to prepare for their reception. “He choreographed a beautiful wedding dance and taught us jitterbug, swing, salsa and polka, all of which we danced that evening.”

Dr. Valentino also cites the advantages of dance outside of the obvious physical benefits. “As a neurologist, I appreciate the mental stimulation and challenge that comes from learning something new, especially since it involves thought processes that may otherwise not be used in routine daily activities.”

Gordon Bell, M.D. (GL-1’78, ORS’82) and his wife Kathleen started lessons two years ago to improve their dancing at social functions and weddings. But Dr. Bell says that they have gained far more from the classes than they expected.

“I am a marathon runner, so the physical aspects of dance are not an issue. It’s the mental ‘agility’ that is most ben-



Robert and Elaine Wyllie (right) have added a new zest to their lives through dancing with Dick Blake (left).

eficial to me,” says Dr. Bell. “Studies have suggested that mental activities, including dance, can help prevent mental deterioration such as Alzheimer’s disease. It takes a lot of concentration and repetition to master dancing.”

Most importantly, Mr. Blake says that his Cleveland Clinic clients are having fun.

“When we’re dancing together, Bob and I shed the concerns of our busy days and focus only on our movement together,” says Dr. Elaine Wyllie. “Dance is teaching us a new form of teamwork and enhancing our long-term partnership.”

“There are very few shortcuts to happiness in life and I think dance is one of those,” she continues. “Mr. Blake is a master teacher who brings a zest to our lives on so many levels.”

She encourages other alumni to give dance a try.

“When Bob and I became doctors, we made a decision that we were going to give our full life’s energy to the care of our patients, the training of other physicians and the advancement of our fields,” she says. “We have never wavered in that commitment. But as life changes and gives us windows of opportunity to try new things, developing some side of yourself outside of medicine, such as dance, can bring balance and perspective that makes us better people, and ultimately better physicians.”

Graduates Recognized During Celebration

Graduates and their guests enjoyed a festive celebration at Sammy's at Legacy Village on Saturday, June 3, 2006, honoring the residents and fellows completing their Cleveland Clinic training this year.

Robert E. Hermann, M.D., Medical Director of Alumni Affairs, congratulated the graduates, welcoming them into the worldwide ranks of the Alumni Association. He presented the annual Alumni Association Graduate Level One Award to **Jaun P. Cata, M.D.**, Division of Anesthesiology, Critical Care & Comprehensive Pain Management.

The annual GL-1 Award demonstrates the Alumni Association's belief in, and recognition of excellence in Cleveland Clinic physicians in training. The recipient is selected from nominations by house staff, Cleveland Clinic teachers and mentors, based on his or her clinical excellence/knowledge, interpersonal communication skills, character and unique accomplishments.

Dr. Hermann also presented the first William & Roxanne Michener Award for the Development of Leadership to **Alyssa A. Riley, M.D.**, Division of Pediatrics. Dr. Riley plans to create an educational series for the parents of East Cleveland Children for the purpose of improving their healthcare needs.

Dr. Riley has demonstrated a commitment to learning, superior communication abilities and a mastery of medical skills. She also embodies the courage, integrity and compassion that represent the highest ideals of clinical medicine.



Dr. Andrew Fishleder and Robert Hermann enjoyed the festivities with their wives, Debra and Polly.

William E. Lower Awards

Established in 1936 by Dr. Lower, one of the Cleveland Clinic founders, to encourage original investigation and professional excellence in the preparation of scientific papers by residents and fellows.

Lower Clinical Award

First Place: **Niladri Mal., M.D.**
Department of Cell Biology

Honorable Mention: **Sudakshina Ghosh, Ph.D.**
Department of Pathology

continued on page 23



Dr. Robert Hermann and Juan Cata.



Pediatric Chief Resident Dr. Darren Guy accepted the Michener Award on behalf of Dr. Alyssa Riley.



Dr. William and Roxanna Michener.

Dr. Nissen Named Chairman of Cardiovascular Medicine



Steven Nissen, M.D.

Cleveland Clinic recently announced the appointment of **Steven Nissen, M.D.**, as Chairman of the hospital's Department of Cardiovascular Medicine. Known internationally for his research into coronary artery disease, Dr. Nissen assumed his new role immediately.

"Steve brings a tremendous amount of medical expertise, experience and leadership to the department that will enable this world class program to continue on its path of excellence in research and clinical care," says Joseph Hahn, M.D., Chief of Staff at Cleveland Clinic. "We have a team of highly talented physicians and health care professionals in cardiology and cardiothoracic surgery that, combined, have made this a tremendous resource for patients around the world."

Dr. Nissen's appointment follows an internal committee's extensive six-month search to select a permanent Chair to lead the Clinic's renowned Department of Cardiovascular Medicine. Dr. Nissen replaces Eric Topol, M.D., who has accepted the position of Chief Academic Officer and Chief of Genomic Medicine and Translational Science at Scripps Health in San Diego, effective January.

Dr. Nissen joined Cleveland Clinic in 1992. He has served as Vice-Chairman of the Department of Cardiology (1993-2002), Section Head of Clinical Cardiology (1992-2000) and Director of the Coronary Intensive Care Unit (1992-1997). Most recently, he served as Medical Director of the Cleve-

land Clinic Cardiovascular Coordinating Center (C5), an organization that directs multi-center clinical trials. He has been the Interim Chair of the Department since February.

"I am thrilled to have the opportunity to chair a department that is widely recognized as the world leader in cardiovascular care and research," Dr. Nissen says. "We have an extraordinarily talented group of physicians and support staff who consistently place the needs of our patients as their highest priority."

"My ambitious vision for the Department of Cardiovascular Medicine includes providing the finest quality of cardiovascular care available anywhere in the world, leading the way in research and innovation, bringing new therapies to patients, and enhancing our basic research capabilities in collaboration with the Lerner Research Institute," continues Dr. Nissen.

Dr. Nissen currently serves as President of the American College of Cardiology. He has served the U.S. Food and Drug Administration as Chairman of the CardioRenal Advisory Panel for four years and continues to advise several FDA Committees as a Special Government Employee.

An accomplished author, Dr. Nissen has written more than 250 journal articles, book chapters, and CD-ROMs, mostly in the field of cardiovascular imaging. He was one of the pioneers in the development of intravascular ultrasound (IVUS), a type of high-resolution coronary imaging. The technology has been the basis for his research during the last decade. In particular, Dr. Nissen developed the methodology for application of IVUS in the assessment of the progression and regression of coronary atherosclerosis. Dr. Nissen is currently the principal investigator for several large IVUS atherosclerosis trials.

Dr. Braun Wins Special Achievement Award

William Braun, M.D., recently received the Alumni Association's Service Award, presented at the Annual Staff Dinner. Dr. Braun is the ninth recipient of the award, which recognizes outstanding medical achievements, personal excellence and a commitment to the Cleveland Clinic's mission of "better care of the sick, investigation of their problems and education of those who serve."

The plaque presented to Dr. Braun reads: "As a valued member of the Hypertension and Nephrology, and Laboratory Medicine

staff, director of the Histocompatibility and Immunogenetics Laboratory, and chief of the Medical Renal Transplantation Service, Dr. Braun advanced the science and practice of organ transplantation and brought distinction to the Histocompatibility and Immunogenetics Laboratory. As a physician, researcher, administrator and national figure in his field, he has been exemplary in care for his patients, service to his profession, and commitment to the health of the community."

Alumnus Named Director of Heart-Brain Institute



Marc S. Penn, M.D., Ph.D.

Marc S. Penn, M.D., Ph.D. (RES/BV'93, RES/CE'97, CARD'00), a Staff Cardiologist in Cleveland Clinic's Department of Cardiovascular Medicine and Medical Director of the hospital's Coronary Intensive Care Unit, has been named the first Director of the Earl and Doris Bakken Heart-Brain Institute at Cleveland Clinic.

The announcement was made Friday, June 9, 2006, at the opening session of the inaugural Heart-Brain Summit in at the InterContinental Hotel & MBNA Conference Center, Cleveland, located on the Clinic's campus.

"Dr. Penn is a perfect choice for this role," said Joseph Hahn, M.D., Cleveland Clinic's Chief of Staff. "He's been involved in interdisciplinary heart-brain research for years at the Clinic. His experience and understanding of heart-

brain interactions give him the insight necessary to bring this emerging field to the forefront."

In September 2004, a gift from the Earl and Doris Bakken Foundation allowed the creation of the Earl and Doris Bakken Heart-Brain Institute at Cleveland Clinic.

Dr. Penn completed his undergraduate and postgraduate work at Case Western Reserve University, earning honors on his way to completing a Ph.D. in Biomedical Engineering. Dr. Penn earned his medical degree from Case Western Reserve University School of Medicine. He completed his clinical training at University Hospitals of Cleveland before being offered a fellowship to the Cleveland Clinic Department of Cardiology. He joined the staff in 2000.

Dr. Penn's education and training have helped him develop drug delivery systems for the treatment of cardiovascular disease, including studies to optimize gene therapy and stem cell therapy for the regeneration of myocardial tissue.

continued on page 15

Dr. Clair Named Chairman of Vascular Surgery



Daniel Clair, M.D.

Daniel Clair, M.D., has been named Chairman of the Department of Vascular Surgery. In this capacity, Dr. Clair will lead a team of surgeons with an international reputation for excellence in patient care, surgical results and clinical research.

"Daniel Clair is a renowned endovascular surgeon who brings exceptional leadership skills and experience to his new role," says Joseph Hahn, M.D., Chief of Staff. "We are confident he will continue and build upon the Department of Vascular Surgery's commitment to excellence and patient care."

Dr. Clair, who directs Cleveland Clinic's Vascular Surgery Training Fellowship and Endovascular Training Program, had served as Interim Chairman of the Department of Vascular Surgery since February 2006.

His specialty interests include carotid artery surgery; thoracoabdominal aortic repair and reconstruction; thoracic aortic aneurysm repair; abdominal aortic aneurysm repair;

peripheral artery/vein repair/bypass surgery; aortic aneurysm stent repair; and endovascular stent repair.

Throughout his career, Dr. Clair, who joined Cleveland Clinic in 2003, has held academic and surgical appointments at Harvard Medical School, Uniformed Services University Health Sciences, Columbia College of Physicians & Surgeons and New York Weill Medical College of Cornell University. He has lectured extensively and published numerous articles on advancing and refining endovascular surgical techniques.

Dr. Clair earned his medical degree at the University of Virginia School of Medicine in Charlottesville, Virginia. He completed his internship, residency and a fellowship at Brigham and Women's Hospital in Boston. He holds a bachelor of arts degree from Hamilton College in Clinton, New York.

In addition to his appointments at Cleveland Clinic, Dr. Clair is a distinguished member of the Society for Vascular Surgery, the Society for Clinical Vascular Surgery, the Midwestern Vascular Surgical Society and the Eastern Vascular Surgical Society. He also serves as a reviewer for the *Journal of Vascular Surgery*, the *Journal of Endovascular Therapy* and the *Journal of Cardiovascular Surgery*.

Dad had a Stroke!

Daniel J. Wilson, M.D. (IM'76, H/N'79, RES'79)

I doubt that many of us will ever be prepared for the telephone call that we all knowingly or unknowingly dread—the one that for years has been the virtual property of others. You know the one: you hear about it from your friends, your patients and your coworkers.

I was on my way back from the American College of Cardiology meeting to Rochester, the one in Minnesota. It didn't take long for me to recognize the matter of fact, deep basso profundo monotone of my brother, the lawyer. No doubt this call was serious, in spite of a light rock polyphonic cell-phone ring. "Dad's had a stroke. He's in the hospital."

When I arrived at the hospital to visit my father, things weren't as I had imagined. My dad was alert but weak, oriented but sleepy, and responsive but febrile and fatigued. He was moving all his extremities, and I really did not detect the left-sided weakness or the paralysis that others had noted. The hospital admission CT scan was interpreted as being negative. No bumps, lumps or lucentcies.

I have become an expert in stoicism after raising llamas with my family in Minnesota for the past 15 years. My father is a classic stoic, and believes that he should never acknowledge pain or discomfort to anyone, especially physicians or other non-family members. I think this attitude comes from his adolescence and young adulthood when he played football in high school, and the army with one of those thin leather helmets.

After watching my dad grimace once or twice when he tried to reposition himself in bed, I placed some not so gentle pressure on his left shoulder, then his left and right wrist, and later to his left groin. I elicited the same grimace with several expletive deleted verbal responses. The doctor in me noted increased warmth, tenderness and synovitis in several joints. Eureka! The paucity of movement might be secondary to pain and not weakness.

I've always believed that medicine is an art, and not pure science or a technology driven specialty. My perceptions were again confirmed with dad's illness, as technology didn't seem to be helping him. An MRI of the head, a bilateral carotid ultrasound, an echocardiogram, a lung scan and a myriad of other tests proved to be negative. Dad was still sick. He was bedfast and not getting any better.

In my past academic life, I remember teaching my interns and residents that a patient will ultimately lead

you to the diagnosis if you listen to them closely, and observe them carefully.

I found myself again faced with a dilemma that has made me uncomfortable for many years. Somewhere during my years of medical school training and postgraduate work, I recall that it was recommended that I not treat or intervene in health affairs of my family. I remember being told that one might lose objectivity, and that a mistake would be catastrophic. After years of wrestling with this admonition, I now think that I, and perhaps we, might have to re-examine this commandment.

I now believe that the equation has changed. Most physicians and medical professionals should stick their noses and their expertise into the care plan of a family member, especially when mother, sister and brother insist. So I'm changing my interpretation of this unwritten rule, and asking many of you fellow doctors and health care colleagues to permit me, or other competent family members, to play a more meaningful role in the diagnostic evaluation and treatment of a family member, instead of being relegated to dealing with advance directives and placement issues. I realize that this is going to be tough to implement in a HIPPA-compliant society. But it just makes sense, as there are a lot of important, relevant observations that can be made by a physician sitting at the bedside in a hospital room for several days.

Think about it. Who better to recognize the subtle clues to a diagnostic dilemma than a doctor and family member, who on numerous occasions successfully determined that it was Colonel Mustard, in the study, with the lead pipe.

Speaking as a family member, you guys (you know who you are) sometimes need our help in getting to the correct diagnosis. How much can you take away from a five to ten minute patient hospital visit and that brief physical examination? Also, I have some suspicions that some important bits of information are getting lost on those small LCD screens at the bedside.

After the umpteenth experience with this type of situation, I now have some advice for my medical colleagues who might find themselves in a similar situation. Gather and format all the medical information that you collect from your day at the bedside and present it diplomatically, with index cards if necessary. Present it efficiently, and with the same humility as that of a third year medical student to your colleague, your friend, or to your family member's attending physician. After all, this really should be a team effort.

Perhaps the most distressing part of my dad's illness was the fact that he was working in the garden two weeks earlier getting ready for spring tomato planting. Past medical history is important here. After all, it's always important on Fox TV's *House*. Dad developed a cellulitis involving the right lower extremity two weeks prior to his hospital admission and was placed on an antibiotic, which was later switched to another antibiotic because of his diabetes and the persistence of the skin infection.

I spent most of my time at dad's bedside, carefully observing him and catching up on friends and family. I repeatedly borrowed a stethoscope and reflex hammer from one of dad's nurses in exchange for a medical lecture to the nursing staff later in the week. My trusted PDA provided me with rapid access to *The Merck Manual*, the *PDR*, an *Antibiotic Assistant* and several other more sophisticated medical references.

I noted progressive weakness, fatigue and somnolence. I diagnosed an inflammatory syndrome characterized by fever, migratory polyarthritis, anorexia and a developing anemia. I consistently made my morning report to one of the guys I used to play baseball with, and who now was my father's attending physician. Fortunately, he was amenable to discussing the potential infectious, rheumatologic and other unmentionable diseases that could account for this presentation. Since technology had failed us, we jointly developed a plan, which included discontinuing the antibiotic therapy started nearly two weeks prior.

Over the years, one of the most important pieces of guidance that I have given residents and interns is: if you stay in this profession long enough and look carefully, you will see miracles. Well, I saw a small miracle in very short order. One day after redirecting the workup and making the changes in his medication, my father sat up and started to eat. His fever abated. The next day his joint pain decreased, he started to walk and his blood count stabilized. Two days later he was complaining about hospital food and wanting his pants. Dad reluctantly had to mention that his investment in my medical education had again paid a substantial dividend.

What are the lessons here?

First of all, don't wait until your mom or dad gets sick to visit them, but do run to their bedside when they become ill. You never know if you might be able to help.

Respect the observations and opinions of family members even if they don't have a medical degree or a background

Dr. Wilson Receives Alumni Service Award

The Cleveland Clinic honored **Daniel Wilson, M.D.** (IM'76, H/N'79, RES'79) with the Alumni Association Service Award at the annual staff dinner in June. Dr. Wilson has devoted exceptional energies to the Alumni Association, serving on the board of directors, as chair of the Development Committee, and as president of the organization.

"Dr. Wilson has been a steadfast friend of the Alumni Association through all the seasons of life. He has been a compass and voice of reason for the Alumni Association from the very beginning, helping to guide it from nascence to maturity, bringing energy and attention to detail to every project put before him," reads the plaque presented to him.

Dr. Wilson received his doctor of medicine at Rush Medical University in 1974. He then completed postgraduate training in Internal Medicine, Hypertension and Nephrology, and a Renal Research Fellowship at Cleveland Clinic in 1979.

Dr. Wilson held clinical and academic positions at Cleveland Clinic, Bowman Gray School of Medicine at Wake Forest University, and the Mayo Clinic and Mayo Medical School.

Most recently, Dr. Wilson has served as a field-based medical director for Pfizer, Inc., focusing on cardiovascular and nephritic issues related to marketed medications and drugs in development.

in the medical sciences. The clues you need for making or confirming a diagnosis or refining a treatment plan may be found in your interaction with a family member. Let's go back to listening a little better and treating each other with a little more respect and understanding.

I suspect that most families have a son, daughter, cousin, or nephew who is a lawyer. Have them get your family's house in order, and the documents necessary to keep you informed and participatory in your loved one's medical care.

Finally, common things occur commonly and miracles still happen.

Dad didn't have a stroke! The tomatoes are going into the ground this weekend.

Cardiology Alum Continues Humanitarian Efforts

During the Cleveland Clinic's recent "Humanities in Medicine" series, alumnus **Russell E. Raymond, D.O.** (IM'84, CARD'87), Cardiology, joined Brian Smith from Construction Management in presenting "The Road to Honduras." The duo presented a compelling case for their individual efforts in bringing healthcare to the people of this impoverished country.

Dr. Raymond and his five siblings (three OB-GYNs, a college president and a stay-at-home mom) established a foundation in 1990 to help students going to Christian colleges. Their focus shifted in 1998 when they went to Honduras to help in the wake of Hurricane Mitch.

"Honduras has never recovered from Mitch," said Dr. Raymond, who has traveled there every spring since 1998 with a medical brigade sponsored by the Salvation Army. The storm caused \$4 billion in damage and left 6500 dead.

"Team Honduras 2006" was the largest ever, with 38 members and 10 doctors armed with 31 bags of medicine valued at \$500,000. In one week, the team treated 3,000 people, the most ever.

In addition to treating patients in makeshift clinics while they are in Honduras, the Raymonds have worked diligent-

ly to bring children to Cleveland for heart surgery. In February, Brian Duncan, M.D., acting chairman of Pediatric and Congenital Heart Surgery operated on the 20th child.

Dr. Raymond and Mr. Smith recounted their experiences in Honduras over the years. Mr. Smith takes part in a medical brigade organized through his catholic church, JESU. He says that 300 to 400 patients are seen each day by three or four physicians and several other volunteers.

"People don't realize that in Miami, you are only two hours from the third world," Mr. Smith said. "In a country roughly the size of Tennessee, 42 percent of the population is under 15. The average life span is only 69 to 72 years old."

Dr. Raymond told the audience of medical students, residents and staff, "These people love and worry about their children just as much as we do." He encouraged others to join in the effort to bring aid to Honduras.

"Humanities in Medicine" series is sponsored by the Division of Medicine. Presentations to date also included "Contemplating Consumption, A Bedside Clinician's History of TB" by J. Walton Tomford, M.D., Department of Infectious Disease; and "Gypsy Medicine" by James Thomas, M.D., Cardiovascular Medicine. The lunchtime presentations are offered once a month.

2006 Teachers of the Year Selected by the House Staff

The Alumni Association is pleased to report that 14 of the 31 Teachers of the Year, as selected by the House Staff, are alumni of our training programs:

Marc Aronica, M.D., Allergy & Immunology
Rafi Avitsian, M.D. (AN'04, NA'05), Anesthesiology
Scott Bea, Psy. D., Adult Psychiatry
Jerome L. Belinson, M.D., Obstetrics & Gynecology
Richard Burgess, M.D., Ph.D., Neurology
Soumya Chatterjee, M.D., Rheumatology
Ashish Chawla, M.D., Gastroenterology & Hepatology
Martin J. Citardi, M.D., Head & Neck Institute
Khosrow Dorosti, M.D. (CD'74), Cardiovascular Medicine
Victor W. Fazio, M.D. (S'73, CRS'74), Colorectal Surgery
John Glazer, M.D., Child & Adolescent Psychiatry
Bennie H. Jeng, M.D. (IMP'99, OPH'02), Cole Eye Institute
Eric A. Klein, M.D. (U'86), Glickman Urological Institute
James Libecco, M.D. (D'05), Dermatology

David P. Mason, M.D., Cardiothoracic Surgery
Peter J. Mazzone, M.D., M.P.H. (IM'97, IM/C'98, PULMCC'01), Internal Medicine
Atul C. Mehta, M.D. (PULM/D'83), Pulmonary & Critical Care
T. Lucien Mohammed, M.D., Thoracic Radiology
Manikum Moodley, MBChB, FCP, FRCP, Neurology
Loran Mounir Soliman, M.D. (AN'094, PD/AN'05), Anesthesiology
Craig D. Nielsen, M.D. (IM'97), Internal Medicine
Richard D. Parker, M.D., Orthopaedic Surgery
Dominique G. Prud'Homme, M.D. (CTA'98), Cardiothoracic Anesthesiology
John Queen, M.D., Emergency Medicine
Geoffrey L. Rosenthal, M.D., Ph.D., Pediatric Cardiology
Jerrold Saxton, M.D., Radiation Oncology
Richard P. Schlenk, M.D. (NS/SF'03), Neurosurgery
Conrad C. Simpfendorfer, M.D. (CARD'78, CF'79), Cardiovascular Medicine
Scott Smith, M.D., M.P.H., Cole Eye Institute
Patrick Tchou, M.D., Cardiac Electrophysiology
R. Matthew Walsh, M.D. (CFS'91), General Surgery
Robert S. Zimmerman, M.D., Endocrinology

Distinguished Alumni Award (continued)

my career,” he says. “Even today, I see that the Clinic is a unique institution, where the overall philosophy of the staff follows the idea of ‘acting as a unit’. The culture of the institution focuses on serving the patient population.”

Dr. Ferrario spent 22 years at the Clinic, serving for eight years as the Chairman of the Department of Brain and Vascular Research.

His Distinguished Alumnus Award describes his contributions: “A tireless researcher, Dr. Ferrario, through his training and his work at the Cleveland Clinic (1970 to 1992) helped earn the institution a worldwide reputation for excellence in hypertension research. He developed a premiere program in the neural and endocrine causes of hypertension, and contributed pioneering research surrounding the role of angiotensin in the regulation of blood pressure. His studies raised awareness of the interaction between lipids and endocrine hormones in the evolution of atherosclerosis.”

Dr. Ferrario has authored 425 papers and two books and has lectured throughout the world. He has earned continuous funding from the National Heart, Lung and Blood Institute, beginning in 1984, and has won international honor for his contributions to clinical research.

New Name, Objectives for Cleveland Clinic’s cSite

Cleveland Clinic has launched the Center for Surgical Innovation, Technology and Education (cSite), formerly known as Cleveland Clinic Minimally Invasive Surgery Center (CC MISC).

“We are looking forward to collaborating with all surgical disciplines,” says Isador Lieberman, M.D., who will lead cSite. “We have new priorities, and we are here to advance technology for the benefit of our patients.”

New, cutting-edge objectives for cSite include the successful implementation of a medical device beta-testing site; monthly videoconferences; expansion of the cSite teleconference services; and further development of research programs, education programs and training workshops with medical device manufacturers.

Since the opening of the Minimally Invasive Surgery Center in 1997, Cleveland Clinic has remained at the forefront of minimally invasive surgery both nationally and internationally. The launch of the new cSite and the completion of a strategic planning process will ensure that a clear course of initiatives is established for the future.

He has been a selfless contributor of time and energy to professional organizations and committees. As founder of the Consortium for Southeastern Hypertension Control, he has combined the efforts of medical and scientific professionals to reduce cardiovascular disease in the southeastern United States.

Dr. Ferrario credits many of his Cleveland Clinic colleagues with his success.

“It was Dr. Page who made a drastic difference in my professional life,” he remembers. “I have modeled my efforts after his work, trying to combine knowledge from basic research and its translation to the bedside.”

Dr. Ferrario says that his early years in Cleveland provided opportunities he couldn’t have had elsewhere. “I always kept a very good relationship with Cardiology and Cardiovascular Surgery, and continued to work with them,” he says. He describes his role in the development of bypass surgery.

“I was the one who would wheel my flow equipment into the operating room so that I could do the first measurements of coronary blood flow after the vein graft,” he remembers. “I would tell the surgeons whether the vein was patent or not. It really was very exciting because it was all new.”

He says that he continues to have great admiration for many of his Cleveland Clinic colleagues, including Dr. Sones, Donald Effler, M.D., and former CEO **Floyd Loop, M.D.** (TS’70).

“One of the great things that the Clinic did for me was to teach me what kind of leadership is needed in order to build and grow,” he says. “I was part of an institution that went from a small clinic to a major world-renowned medical center.”

Dr. Ferrario left the Clinic in 1992 to assume directorship of the Hypertension and Vascular Disease Center at Wake Forest University School of Medicine. He says he has tried to duplicate his Cleveland Clinic experience in many ways.

“The Cleveland Clinic formula is the best formula for medical research and care in America,” he says. “I’m not sure that even members of the Clinic realize how great they are at advancing medicine.”

He encourages students and house staff to continue the tradition of excellence established at Cleveland Clinic.

“I hope that the young generations at the Clinic understand that they are in a unique environment,” he says. “They should continue to work hard to keep the Clinic a beacon of American medicine.”

Association News: Fall Alumni Board of Directors Meeting Highlights

Sandra Stranscak
Director, Alumni Relations

The Alumni Association Board of Directors held their fall meeting, October 13-14, 2006 in Cleveland at the newly acquired HealthSpace facility next door to the new "Alumni House" in the former White Family Mansion. A summary of the day-and-a-half meeting follows.

Election Results

Dr. Robert E. Hermann, Medical Director for Alumni Relations, presided over the passing of the presidential gavel to new president, Scott A. Strong, M.D. (CRS'92), a member of the Cleveland Clinic staff. Both Drs. Hermann and Strong offered their heartfelt appreciation to immediate past president, Edward (Ed) D. Ruskiewicz, M.D. (IM'75, GE'77), of Toledo, OH, for his outstanding service. Ed will continue his concurrent term as Alumni Specialty Director, Gastroenterology, and Immediate Past-President over the next two years.

Scott then welcomed and congratulated new board members: John A. Bergfeld, M.D. (GL-1'65, S'67, ORS'70), Cleveland Clinic staff, as Alumni Specialty Director, Orthopedic Surgery; Zeyd Y. Ebrahim, M.D. (AN'81), Cleveland Clinic staff, as Alumni Specialty Director, Anesthesiology & Critical Care Medicine; David E. Martin, M.D. (PL/RS'89), Dallas, TX, as Alumni Specialty Director for Plastic Surgery; and Ryan C. Hedgepeth, M.D., Urology resident as the 2006-2007 House Staff President. Two new appointments were also announced: Kathleen N. Franco, M.D., Associate Dean, Student Affairs & Admissions, Cleveland Clinic Lerner College of Medicine; and ex-officio, J. Robert (Bob) Quatroche, Ph.D., Senior Director of Development for the Cleveland Clinic Lerner College of Medicine and the Division of Education.

Appreciation for service to the Association went to outgoing officers Shirley A. Anain, M.D. (S'90, PL/RS'92), Buffalo, NY; Blane W. McCoy, M.D. (GL-1'78, ORS'82), Brecksville, OH; and Andrew W. Zurick, M.D. (GL-1'74, AN'77), North Canton, OH

CME / Reunion Discussions

After a recap of the highly successful "Sun-N-CME: HOT Topics in Medicine and Surgery" CME and Alumni Reunion held in Naples, Florida in February, the Board of Directors immediately jumped into discussions about the anticipated October 2008 Alumni Reunion to be held in

Cleveland in conjunction with the opening and dedication of the new one million-square foot Heart and Vascular Institute and the new Glickman Urological Institute. The board encourages alumni input and welcomes any and all suggestions for topics, as well as ideas for social events. Please contact me or my associate, Marilyn Bryce in Alumni Relations, or any board member directly.

Institutional Updates & Presentation

A humorous, thoughtful and insightful presentation, "The Conundrum of Industry Support of CME" was presented by **Brian F. Mandell, M.D., Ph.D.**, Professor and Vice Chairman of Medicine for Education, Editor-in-Chief of the *Cleveland Clinic Journal of Medicine*, and member of the Department of Rheumatology & Immunologic Diseases. After his own personal disclosures and listing his dualities of interest, he defined the word "conundrum" and informed the board, as an aside, of an interesting wine: Conundrum California White Table Wine from Caymus Vineyards! He capsulated the Brennan et. al. (JAMA, 295:429-33, 2006) proposal for separating academic medical centers and industry; provided examples suggesting that this may appear appropriate but be educationally counterproductive; and articulated some personal concerns of industry involvement in continuing medical education.

Dr. Joseph F. Hahn, Chief of Staff, provided a candid and informative update on institutional initiatives and staffing. Current staff on main campus totals 1,525 plus about 2,000 clinical associates and project scientists. Total beds are 1,024 on the main campus; 3,269 total for the Cleveland Clinic Health System (CCHS) which includes ten hospitals. He reported that Cleveland Clinic Florida now wholly owns the Weston facilities, having purchased Tenent Healthcare's interest in May. The Weston hospital has 135 beds, a staff of 100 and has been running at full capacity.

Announcements included the opening of an expanded autism wing at the Shaker campus of the Cleveland Clinic Children's Hospital to accommodate 100 additional students. Capital investment over the next three years will be \$1 billion and includes upgrading emergency departments throughout the CCHS. The development of niche services within the system hospitals should streamline operational and functional performance. National and international partnerships and affiliations are being initiated. An additional Family Health Center will be built in Brunswick, OH, staffed primarily by affiliated Wooster Clinic staff.

Dr. Hahn reiterated that Cleveland Clinic has the highest Medicare severity index in the country. The development of additional “institutes” should readily evolve to a higher level of medical practice, research and education with enhanced cross-fertilization and stimulation between researchers, teachers and clinicians. Working more closely should impact the continuum of care, wellness, gene therapy and improved end-stage treatment.

He indicated that the developing Neurological Institute, encompassing Neurology, Neurosurgery, Psychiatry and Neuroradiology (about 148 staff) would be a model for this visionary process. A search is currently being conducted for a Neurological Institute chairman.

Finally, as the former head of CCF Innovations, he was proud to tell of the growth of inventions (now about 200 per year) and the 21 spin-off companies.

Dr. Andrew J. Fishleder (GL-1’79, LMED’82), Executive Dean, Cleveland Clinic Lerner College of Medicine and Chairman, Division of Education provided an update on the CCLCM, which recently announced the third entering class. There were 1100 applicants for the 32 available positions. The inaugural class is expected to graduate in 2009. Despite a no-grading system, an important milestone was reached with the exceptional student results of the USMLE that was immediately shared with faculty and staff.

Dr. Kathleen N. Franco, Associate Dean, Student Affairs and Admissions, Cleveland Clinic Lerner College of Medicine, outlined opportunities and areas where alumni can be involved and helpful within the CCLCM, including volunteerism, mentorship, networking, recruitment assistance, etc. For example, the “Careers in Medicine” program provides an opportunity for students to begin to identify their values and areas of interest in outlining their career path options utilizing a variety of assessment tools

and “games.” With more than 112 specialties to consider, the donation by alumni of their real-life experiences would be invaluable.

Dr. Deborah L. Plummer, who joined the CCHS January 15, 2006, as Director of Diversity explained the mission of her new office to provide strategic support for creating an inclusive organizational culture. Through education, recruitment of minority talent, employee development and internal/external collaborations on diversity-related initiatives, the cornerstone values of service, quality, innovation and teamwork will be reinforced. The vision is that diversity at Cleveland Clinic hospitals and family health centers maximizes the potential to enhance quality, excellence and best-in-class care and outcomes for every patient.

Dr. Ryan C. Hedgepeth, ‘06-07 House Staff Association President outlined his platform to move the HSA, representing one of the nation’s largest residency training facilities, from a reactive to a proactive group by developing a truer sense of mission.

He is monitoring the integration of dedicated resident/fellow workspace within new construction projects and will expand seminar topics that address areas not traditionally covered in training programs.

The Alumni Board received an update from **Joseph F. Calger**, Campaign Manager who outlined the status of the overall \$1.25 billion campaign, indicating we currently are at 63 percent total attainment within the four cornerstones of Patient Care (37%), Basic & Clinical Research (48%), Medical Education (50%) and Construction/Renovation (94%). **J. Robert (Bob) Quatroche, Ph.D.**, introduced himself and his role to the Board and enthusiastically welcomed the opportunity to personally meet as many alumni as humanly possible. Alumni demographics as of October

continued on page 12

Distinguished Educators Named

The Division of Education recently awarded the 2005-2006 Distinguished Educator I Certificate recipients. These Cleveland Clinic Lerner College of Medicine faculty and staff members had to attend an introductory retreat, interactive sessions, be observed while teaching and receive feedback on teaching in a venue of their choice. Seven of the 11 received postgraduate medical education at Cleveland Clinic. Congratulations to:

Rafi Avitsian, M.D. (AN’04, NA’05), General Anesthesia; Seema Baranwal, M.D., General Internal Medicine; Ronan M. Factora, M.D. (GERM’04), Geriatric Medicine; Donald Ford, M.D., Solon Family Medicine; Paul Grant, M.D. (HMF’06), General Internal Medicine; Geraldine S. Hall, Ph.D (MB’79), Clinical Pathology; Samuel Ireffin, M.D. (AN’96, CC’97), General Anesthesiology; Lily Pien, M.D., Pulmonary, Allergy and Critical Care Medicine; Geoffrey Lefferts, M.D. (IM’73), General Internal Medicine; Richard A. Prayson, M.D. (ACLPTH’93), Anatomic Pathology; Kristina Sole, M.D., Obstetrics & Gynecology.

Association News (continued)

13, 2006 indicate that of a total of 10,584 living alumni we have 8,723 alumni with contact information located in every U.S. state, Puerto Rico and 71 foreign countries; an 82 percent validity rate.

Jason Gray, Senior Development Officer provided an alumni fundraising report and indicated the importance of the Alumni body to the institution. He thanked alumni for their demonstrated steady growth in philanthropy since the highly successful Alumni Library Campaign that raised \$5 million in less than 5 years. Since 2001, alumni participation in the current campaign has grown from \$0.9 million to \$3.1 million.

The Board passed a resolution pledging to raise \$5 million for scholarships at Cleveland Clinic Lerner College of Medicine of Case Western Reserve University and \$2.5 million for programmatic and educational needs, as part of the Today's Innovations, Tomorrow's Healthcare campaign.

Gary H. Dworkin, M.D. (CATS'92), Alumni Specialty Director, Cardiovascular & Thoracic Surgery, has been named to the overall campaign medical leadership board along with Dr. Robert Hermann, which further enhances the value the institution places on our alumni constituents.

For additional information and especially to share your interests and suggestions, please e-mail us at alumni@ccf.org

New Development Director Named



Bob Quatroche

J. Robert Quatroche, Ph.D. has joined the Cleveland Clinic as Senior Director of Development for the Lerner College of Medicine and the Division of Education. Dr. Quatroche comes to the Clinic from Florida Gulf Coast University, where he was Vice President for University Advancement and Executive Director of the university's Foundation.

"Bob is a seasoned development executive with more than 35 years of experience in fundraising, board development and alumni relations," says Carol Moss, Vice Chairman of Institutional Development and Executive Director of the Campaign for Cleveland Clinic.

Throughout his long career in higher education, Dr. Quatroche has served with distinction as an administrator

and faculty member at several institutions including University of Pittsburgh, Indiana State University, Southern Illinois University and Kent State University. His leadership has resulted in significant increases in major gift support and expanded alumni chapters in the organizations he has served.

A native of Southampton, New York, Dr. Quatroche received his undergraduate and master's degrees in English from State University of New York at Fredonia, where he has been recognized with the Outstanding Alumni Achievement Award. He did additional graduate study in English literature at Pennsylvania State University and was awarded a Doctorate of Philosophy Degree in higher education administration from the University of Pittsburgh. He is a graduate of Harvard University's Institute for Educational Management—a comprehensive leadership management program for senior executives of universities and colleges.

Bob looks forward to getting to know as many alumni physicians as possible.

Research Roundup

Fountain of Youth?

Key to Internal Clock Might Help Control Aging Process, Conditions

Could a protein that is essential to regulating a person's internal biological clock also, in a small way, be a type of fountain of youth by unlocking ways to control the aging process?

Researchers already knew that a protein called BMAL1 plays a key role in helping to regulate the circadian clock, the innate internal clock that is a genetic timepiece controlling a broad array of metabolic, cellular, physiological and behavioral activities. Up to 10% of genes in different tissues are directly or indirectly regulated by this clock system.

The recent research shows that BMAL1 also influences the early onset of a variety of conditions and diseases associated with aging. The research was conducted by Marina Antoch, Ph.D., Cancer Biology, and colleagues Roman Kondratov, Ph.D., Cancer Biology, Victoria Gorbacheva, Cancer Biology, Olena Vykhoanets, Cancer Biology, and Anna Kondratova, Molecular Genetics.

"The involvement of BMAL1, the key component of the molecular clock, in the control of aging provides a novel link between the circadian system, environment and disease and makes circadian proteins potential drug targets," Dr. Antoch said. "This may mean the development of strategies to prevent or treat age-related diseases or conditions."

As part of the investigation, researchers used mice that lacked the *Bmal1* gene and the corresponding protein. When compared to control animals, the BMAL1-deficient mice showed the following conditions:

- Significantly reduced life spans
- Diminished growth with reduced body weight
- Reduction of muscle and bone mass, which are both hallmarks of aging
- Reduced mass of several major organs such as the spleen, kidney, testis, heart and lungs
- Age-related changes in blood composition; specifically the number of white blood cells declined
- Decreased hair growth, which also is indicative of aging
- Reduced fatty tissue just below the skin surface (a major marker of aged skin in many mammals, including humans)
- Various grades of cataracts and eye inflammation



The Antoch Laboratory (from left): Anna Kondratova, Olena Vykhoanets, Victoria Gorbacheva, Marina Antoch, Ph.D., and Roman Kondratov, Ph.D.

Importantly, at birth the BMAL1-deficient mice are undistinguishable from their wild-type littermates; however, they start to develop various types of age-related pathologies very early in life.

"Taken together, the scope of aging-related diseases or conditions found in the mice suggests that BMAL1 plays an important role in maintaining a healthy, natural balance to tissues," Dr. Antoch said. "In addition to disrupting the circadian function, *Bmal1*-deficiency results in rapid onset of the aging process."

Future research will focus on the role of BMAL1 and other circadian system components in the natural aging process with the goal of developing genetic-based therapies to reduce or treat diseases associated with aging. Dr. Kondratov, who is taking an Assistant Professor position at Cleveland State University starting September 2006, is planning to expand this work.

"Our results provide molecular explanations for the well-known observation that disruption of synchronization between an organism and its environment due to shift work, frequent travels across time zones or irregular life style increases the risk of various diseases, including cancer," Dr. Kondratov said.

The research appeared in *Genes & Development* (www.genesdev.org/). Dr. Antoch's earlier investigation of the potential role played by the circadian clock in cancer treatments was featured in the *Notations* Spring 2005 issue (www.lerner.ccf.org/notations/).

Mailbox

Dear Dr. Hermann,

Next to my family, my relationship with the Cleveland Clinic is closest to my heart. And to receive a message, such as you sent me, will always be remembered.

I don't know if you can remember when I was at the Clinic, but it was in the early fifties and my bosses were Jim Gardner (W. James Gardner, M.D.), Alex Bunts (Alexander T. Bunts, M.D., S'28) and Wally Hamby (Wallace B. Hamby, M.D., S'31, NS'34). I saw the photograph of the new Alumni House you sent me; it reminds me of how the Clinic has grown in stature and, needless to say, its reputation. All of us who ever had a part in the training program can be proud of our relationship with the old "mother house."

With kindest personal regards; I remain,

Edward J. Bishop, MD (NS'54)

Lakewood, OH 44107

Fiscal Fitness

Pay No Taxes with a "Charitable IRA Rollover"

Take advantage of a unique opportunity to transfer a tax-free distribution from your IRA and make a campaign gift to Cleveland Clinic.

Tax break Available Only in 2006 and 2007

The IRA rollover provision is set to expire December 31, 2007. Congress recently enacted legislation that permits tax-free distributions from individual retirement accounts (IRAs) to qualified charities, sometimes referred to as "charitable IRA rollovers."

You qualify for this opportunity if you are aged 70-1/2 or older and make a cash distribution of up to \$100,000 directly to a qualified charity.

This Will Benefit You:

- If you are taking required minimum distributions from your IRA
- If you usually contribute up to half of your adjusted gross income to charity
- Whether you itemize or take the standard deduction
- If you do not need the income from your IRAs or if the income will substantially increase your income taxes.

Additional Advantages

- Rollovers open opportunities for additional charitable gifts
- The charitable distribution counts toward minimum required distributions.

Remember, you have not paid taxes on your IRA contribution and now you will not have to pay taxes on the distribution to charity, including the investment income of your IRA.

Check with your legal or financial advisor or call Cleveland Clinic Institutional Development to see if a charitable IRA rollover is the planning strategy for you.

For further information, please call Cleveland Clinic at 800.223.2273 Ext. 41245 or 216.444.1245 or e-mail correta@ccf.org.

Child Caregivers: Integrate or Isolate

Kayleigh Sopko

Summer Student (Hiram College)

Paul J. Ford, Ph.D.

Associate Staff (Bioethics and Neurology)

Often our natural inclinations in protecting our children prompt us to isolate them from the “burden” of unpleasant medical knowledge and the “work” of caring for ill family members. However, this inclination needs to be balanced with the harms of ignorance, isolation, and pragmatic family needs.

There are an estimated 1.3 million minor children providing caregiving duties for family members in the United States, yet there are few programs and little information about these carers. By shielding children from the burdens of medical situations, these “invisible carers” are without their own outlets of support. To a large extent in the United States today, very little discussion has occurred regarding how to integrate children into the care of chronically ill parents. In Canada and the United Kingdom, explicit programs exist for the purpose of addressing the challenges faced by children of chronically ill parents both as potential caregivers and as a parties to be informed.

If adults potentially garner some benefit in providing care to their loved ones, it would seem reasonable that children could feel more integrated by having a meaningful role in caring. As we have learned from studies in grieving and pain, giving meaning and context to experience provides some lessening of the suffering for children. Part of this may be that the child’s imagined interpretation of the causes and prognosis of disease are often far worse than the actual facts. These young caregivers naturally have an interest and sense of fear when a family member suffers from illness. Along with fear and interest in a parent’s illness, there may be a deep-seated concern for the well being of their family. This would naturally lead to a desire to be involved and informed as to what is occurring. However, this integration needs to be balanced with protecting the health and development of the child. On a health basis, some research has suggested that overworking or bearing too large a responsibility may make the child susceptible to increased anxiety, fear or depression. These may have significant developmental implications for the child.

Clearly these considerations need to be tailored to each child’s developmental level. Children are not miniature

adults either in physical abilities or in social development. For instance, it should be recognized that a child sitting in the corner to color during an appointment is listening and providing his or her own interpretation of the goings-on. Children need to be acknowledged when present during times when information is being provided.

To what degree should children be involved in an informed consent process or in helping with treatment? Studies need to be developed to evaluate the role children should play in caring for family members, along with programs supporting these youth as found in the United Kingdom and Canada.

There is some level at which child caregivers may be exploited in such a way as to form a type of abuse or neglect when caregiving is taken to an extreme for children who are not developmentally able to cope with the responsibilities. However, some active participation in caregiving may provide a further context to the illness that affects the entire family. We should recognize that children will take on some role and understanding regardless of what we do. If adult patients are to be treated as part of a family unit, encouraging active participation of children in the parent’s care may provide some benefit. In this way, at least we help patients and their children to reflectively integrate their illness into their social lives. It’s important that physicians play a role in the difficult task of finding the right balance of integrating children into caregiving while isolating them from undue burdens.

Marc S. Penn, M.D. (continued)

He recently received the Cleveland Clinic Innovator of the Year Award for his contributions to the field of cardiovascular medicine. The annual award recognizes the Cleveland Clinic physician who has exemplified the nature of innovation through research, clinical activities and interactions with colleagues. He is also the recipient of the 2000 Joseph Cash Memorial Prize for Clinical Outcomes Research and the 1999 Irvine H. Page Young Investigator award presented by the American Heart Association.

He is the recipient of a number of research grants and has been the principal site investigator in the clinical trials for the International Registry of Aortic Dissection.

Glickman Urological Institute (continued)

which has allowed thousands of people to avoid permanent kidney damage.

- Performed the world's first laparoscopic removal of a cancerous bladder, fashioning a new bladder out of intestinal tissue.
- Developed state-of-the-art techniques for bladder incontinence in women that included collagen therapy, prolapse repair and other reconstructive procedures
- National leader in the treatment of impotency and other sexual problems.

Current chairman of the Glickman Urological Institute, **Andrew Novick, M.D.** (U'77), is an ardent supporter of Cleveland Clinic's mission "to act as a unit."

"New developments in patient care, research and education go hand in hand," says Dr. Novick. "We act on that belief every day."

New Tower to House Expanding Specialty

Because few medical centers in the country offer the depth of expertise in all urological subspecialties found at the Glickman Urological Institute, the number of patients has increased significantly during the past five years. Coupled with the coming age surge—by 2011 the first wave of baby boomers will turn 65—more people will require subspecialized urological care than ever before.

In response, Cleveland Clinic is in the midst of constructing a new tower that will comprise more than 200,000 square feet. Named after Cleveland businessman Carl D. Glickman and his wife, Babs, who gave \$8 million to support the project, the facility will bring together state-of-the-art technology with outstanding clinical programs designed to bring the highest level of care to patients.

The grand lobby and winter garden of the building will include two teleconferencing rooms, a healthy café, a patient resource center and a chapel. The Glickman Urological Institute will be located on the top floors together with the Department of Hypertension and Nephrology. The space will consist of a procedural floor, clinical exam rooms, and teleconferencing rooms capable of broadcasting live surgeries and presentations.

"We are proud to be able to expand the excellence of the Glickman Urological Institute as an innovative leader in patient care, education and research, and as a national and international health resource," says Dr. Novick.

Alumni Carry on a Tradition of Support

One of Cleveland Clinic's four founders, William E. Lower, M.D., was among the most influential urologists of his time. In fact, William Braasch, M.D., who founded the Urology Section at the Mayo Clinic, recalled that he was sent to Cleveland to study with Dr. Lower because he was, in Dr. William Mayo's opinion, "the leading urologist of the day."

His reputation attracted high-profile patients including James W. Packard, an early innovator in the automotive industry. Mr. Packard, the founder of Packard Motor Company, was so impressed with the work he saw while under the care of Dr. Lower that he donated 5,000 shares of Packard Motor stock to the Cleveland Clinic in 1926. His gift was the largest individual donation to the then 5-year-old Clinic, amounting to \$235,088.

Mr. Packard stipulated that the income from his gift be directed to furthering research in urology, and care of urologic conditions.

Cleveland Clinic alumni have shown the same commitment to urology through their generous support in the campaign for the new Cleveland Clinic Glickman Tower. More than \$1 million has been raised from urology alumni alone since the campaign was launched in July 2001. The total includes gifts from alumni from several generations and represents more than twice that donated by any other single alumni group.

Although he finished his Cleveland Clinic training more than 40 years ago, **James Geyer, M.D.** (U'62) says he has a "strong loyalty that I feel reflects my gratitude for the personal interest of each staff member in my training."

He describes his fellowship years as exciting years for the Clinic, during which Irvine Page, M.D. and Harriet Dustin, M.D., (RES'49) were conducting breakthrough research on arterial hypertension, including renal artery stenosis; Mason Sones Jr., M.D., pioneered coronary angiography; Willem Kolf, M.D., established a renal dialysis service for emergency cases and began experiments on the artificial heart; and George Crile Jr., M.D. (S'37), was advocating conservative surgery for breast cancer.

"The urology staff consisted of Drs. Charles Higgins (S'27), William Engel (S'29), Eugene Poutasse (S'29) and Ralph Straffon," says Dr. Geyer. "Each one pursued special interests. However, subspecialties were not recognized by the American Board of Urology and diplomats were certified in both adult and pediatric urology."

Dr. Geyer recounted a story of an alumnus who preceded him in training and later served as a mentor.

“Dr. Samuel Raines (U’29) of Memphis, TN, who became Chairman of Urology at the University of Tennessee and the President of the American Urological Association, was taking a train home after completing his training in 1929 when news came of the fire that killed 123 people at the Clinic,” he says. “He got off the train and returned to Cleveland in order to help in the recovery. It was a privilege for me to spend three months in 1961 at the John Gaston Hospital in Memphis under his supervision.”

Stuart Rosenberg, M.D. (S’73, U’76) is another of the 60 graduates of the Urology training program who have given generously to the campaign.

“I owe my life’s work to the Cleveland Clinic, particularly Ralph Straffon,” he says. In fact, he remembers being literally “bowled over” by Dr. Straffon. “We were going opposite ways through a swinging door to the residents’ room and he flattened me,” he jokes. “Seriously though, I really appreciated the work that he did and the inspiration that he was to me and to all of the other fellows. I’m staring at his photograph right now!”

Dr. Rosenberg has practiced urology for 30 years and is currently with Capital Region Urologic Surgeons in Albany, NY. His son, David, who is in his post-graduate three year at Yale, is following him into urology.

Thomas Maatman, D.O. (U’85) says he donated to the campaign because of the profound affect his Cleveland Clinic training has had on his 22-year career.

“I constantly think back fondly of my time there,” he says. “It set me on a path for a very successful career.”

Dr. Maatman practices at the Michigan Urological Clinic in Grand Rapids, MI. He continues to maintain strong ties to the Clinic. “I am very proud and pleased with what Dr. Novick has been doing since he has been chairman. He has built the department into a fine institute with a great reputation,” he says. “It is very satisfying to be able to tell people that I trained at Cleveland Clinic.”

Now practicing at the Center for Urology in Rochester, NY, **Abraham Glazer, M.D.** (U’98) values the excellent training he received during his six years at the Clinic. “I have a deep appreciation for all of the wonderful learning I experienced while I was there,” says Dr. Glazer. “Certainly the family-like environment that Dr. Novick encouraged while I was a resident there made a huge difference.”



Artist's rendering of the new Glickman Urological Institute.

He says he chose to donate to the campaign because he wanted future generations to share in his training experience. “I particularly valued the autonomy the staff gave us, which simulated the real world.

“I always have felt that the Cleveland Clinic is an amazing institution,” he continues, saying that he still returns to visit his mentors and several former residents who have joined the staff.

Dr. Glazer says that while Dr. Novick was “far and away my strongest mentor,” he fondly remembers several other members of the staff including **Drs. Eric Klein** (U’86) and **Steven Streem** (U’82).

“The Clinic is a world renowned institution and is the best center in the world for kidney surgery,” says Dr. Glazer. “I’m proud to be an alum of the Urological Institute.”

Even recent graduates like **Stephen Savage, M.D.** (U/MI’00) see the value of supporting the campaign. “I spent a year in fellowship with Drs. Steven Streem and Inderbir Gill and felt that they were very supportive of my interests,” he says. “I wanted to show my appreciation, but also to facilitate that experience for others coming through.”

Dr. Savage is pursuing a career in academic medicine at the Medical University of South Carolina in Charleston.

“We are deeply appreciative of the ongoing support our alumni have given for our clinical and academic mission,” says Dr. Novick. “In addition, the accomplishments of our former residents and fellows are both a source of pride and an important reflection of our commitment to education. We value each one of them as members of our Cleveland Clinic Urological Institute family.”

Campus Clips

Four Cleveland Clinic physicians were in San Jose, Costa Rica, August 7-8, to present current infectious disease and pulmonary medicine topics at the Cleveland Clinic Medical Update conference.

Approximately 300 Costa Rican physicians and medical students gathered at San Jose's InterContinental Hotel to receive medical updates and information from Cleveland Clinic. This was the second annual conference that Cleveland Clinic sponsored in conjunction with HealthLink Costa Rica, a Costa Rican-based information and referral resource that helps patients in Costa Rica learn about the many advanced procedures and latest medical technologies available at Cleveland Clinic.

"Cleveland Clinic was pleased to share some of its best infectious disease and pulmonary medicine doctors to present the latest relevant medical information to our cohorts in Costa Rica," said **Bill Ruschhaupt, M.D.** (IM'75), Vice Chairman for Global Patient Services.

Cleveland Clinic physicians presenting at the conference included Kristine Englund, M.D., Infectious Disease; Walton Tomford, M.D., Infectious Disease; Eduardo Oliveira, M.D., Pulmonary Medicine; and **Atul C. Mehta, M.D.** (PULM/D'83), Pulmonary, Allergy & Critical Care Medicine.

Cleveland Clinic and Swedish Medical Center have announced a clinical affiliation in cardiac surgery that will further enhance heart care offered by the Seattle medical center. This is the first affiliation Cleveland Clinic has established with another cardiac-surgery program on the West Coast.

This affiliation, between Cleveland Clinic's Department of Thoracic and Cardiac Surgery and the cardiac-surgery program of the Swedish Heart & Vascular Institute combines the academic, clinical and research components of Cleveland Clinic with Washington state's most comprehensive source for advanced cardiovascular care.

Cleveland Clinic will be responsible for operational management of the Seattle cardiac-surgery practice. This will include standardization of approaches, management of ancillary services, coordination of patient flow, patient satisfaction monitoring and all related work.

"This affiliation enhances opportunities to provide new treatments and therapies to patients and it accelerates our mutual accomplishments in leading cardiac care," says Bruce Lytle, M.D., chairman of Cleveland Clinic's Department of Thoracic & Cardiovascular Surgery. "I look forward to what this collaboration will bring to the Northwest and to what we will learn."

The Cleveland Clinic co-hosted an event Oct. 2-5 to bring engineers and physicians together as problem-solvers: the Materials, Medicine and Nanotechnology Summit.

The Clinic and ASM International, a society for the materials science and engineering community, jointly created the summit. The Nano-Network, a local group formed to improve and expand nanotechnology research and commercialization in Northeast Ohio, ASM and the Clinic hosted the event.

The summit brought together physicians who are looking for new and improved ways to treat patients and the people who design the medical tools.

"The devices these days need significant input from mechanical engineers, materials people, electronic engineers," says **Leonard Golding, M.D.** (TS'76), director of the Innovative Ventricular Assist System Program at the Clinic. "It gets complicated. You need to have your group heading in the same direction."

The Cleveland Clinic has received a \$220,000 grant to conduct further research into treating and curing eye diseases.

The Cole Eye Institute Department of Ophthalmology in the Cleveland Clinic Lerner College of Medicine will receive \$55,000 per year through the four-year grant from Research to Prevent Blindness, a New York City-based eye health and safety organization.

The Clinic will use the grant to expand existing programs studying age-related vision loss, how the cornea heals itself, glaucoma and genetic causes of childhood blindness, according to Cleveland Clinic spokeswoman Christina Thompson.

The grant is awarded to departments of ophthalmology that are affiliated with university medical schools and demonstrate a commitment to advancing research efforts into the causes, treatment and prevention of blinding diseases, Ms. Thompson says.

Cleveland Clinic has signed an agreement to establish a preeminent world-class hospital in Abu Dhabi, United Arab Emirates, to be known as Cleveland Clinic Abu Dhabi. This initiative will create a new benchmark for the development and promotion of healthcare services in the Middle East and Southeast Asia.

In announcing the agreement, Toby Cosgrove, M.D., CEO and President of Cleveland Clinic, said the partnership will bring high-quality, academic medicine to Abu Dhabi, and forge a long-term alliance to improve the health and wellness of its citizens and all who seek outstanding medical care.

“Cleveland Clinic is proud to be a partner in this unique and exciting venture. Cleveland Clinic Abu Dhabi is our first medical center located outside of the United States,” he said. “It also is the first full-service international expansion by a major American academic medical center. I am confident that it will be the finest medical facility in the region, a landmark of world-class medicine, and the most advanced health presence in the Middle East.”

Cleveland Clinic Abu Dhabi will be locally operated in partnership with Cleveland Clinic. It will follow Cleveland Clinic’s organizational and medical model. It will contain Cleveland Clinic’s organizational and cultural DNA and be will be a magnet of medical excellence throughout the region.

Our motto is ‘Patients First.’ The vision of Cleveland Clinic is to provide best-in-class patient experience, demonstrably better outcomes and excellent education and research,” he said. “This vision, combined with our passion for quality, innovation, teamwork and service, will be the hallmarks of Cleveland Clinic Abu Dhabi.”

Four physicians from Cleveland Clinic’s Glickman Urological Institute were in Recife, Brazil June 17-22 to present the latest findings in the diagnosis and treatment of urological conditions at the 2006 meeting of the Confederacion Americana de Urologia (CAU).

More than 2,000 urologists from Latin America, the United States, Canada and Europe were expected to attend this biannual conference, which was held at the Convention Center of Pernambuco.

“Cleveland Clinic has been involved with CAU for six years, and we were honored by the invitation to present during a special symposium dedicated to our research and treatments,” says **William (Bill) F. Ruschhaupt, III, M.D.** (IM’75), Chairman of Global Patient Services at Cleveland Clinic. “This was a great opportunity to share best practices with physicians from around the world while demonstrating our commitment to patient care and medical education.”

Cleveland Clinic physicians who presented at the meeting were **Kenneth W. Angermeier, M.D.** (U’91, CFU, 93), Firouz Daneshgari, M.D., **Steven C. Campbell, M.D., Ph.D.** (U’95), and Jeannette Potts, M.D.

Cleveland Clinic and Fernando Chacur, M.D., a pneumologist from ProCardiaco Hospital in Rio de Janeiro, Brazil, have launched HealthLink Brazil, a new no-cost referral program to link potential patients in Brazil with medical services available at Cleveland Clinic and to facilitate

Cleveland Clinic Digestive Disease Center Expands Colorectal Laparoscopic Surgery Specialty

The Department of Colorectal Surgery recently added four new laparoscopic surgeons to its staff:

- **Jon D. Vogel, M.D.** (CRS’05), a Johns Hopkins Department of Surgery graduate who completed his colorectal fellowship at Cleveland Clinic and specializes in treating patients with inflammatory bowel disease and colorectal cancer.
- **Dan Geisler, M.D.**, who also has expertise in trans-anal endoscopic microsurgery (TEM), a technique in which certain types of benign and malignant rectal tumors can be removed through the anus without requiring major abdominal surgery or colostomy. He completed a colorectal fellowship with another fellowship year of advanced laparoscopic bowel surgery.
- **Luca Stocchi, M.D.**, who completed a fellowship at the Mayo Clinic and has expertise in colorectal cancer, having completed a research program under Dr. Heidi Nelson, a leading researcher in colorectal neoplasia.
- **Thomas E. Garofolo, M.D.** (CRS’02), who completed his colorectal fellowship at Cleveland Clinic and who sees and treats patients at the Beachwood Family Health Center as well as Hillcrest Hospital.

Feza H. Remzi, M.D. (S’96, CRS’97), is also performing laparoscopic colorectal surgery. In addition, several colorectal surgeons on staff are currently undergoing training in laparoscopic techniques.

Cleveland Clinic Chairman of the Department of Colorectal Surgery **Victor W. Fazio, M.D.** (S’73, CRS’74), commented that a minimally invasive approach is perhaps THE leading advance in colon surgery in the last decade. The excellent outcomes and particularly an early return to work and the need for minimal pain medication ensure a prominent role for this approach in the future.

patient access to Cleveland Clinic’s programs and second-opinion services.

In partnership with Cleveland Clinic, LiveMed hosted the second annual International Cardiology Conference Aug. 25-26 in Mexico City. Regarded as one of the most important international cardiology conferences in the Americas, the conference focused on diagnostic and treatment advances

Campus Clips (continued)

in the field of cardiology. Videoconferences, speakers and live clinical case studies were presented to the 3,000 cardiologists and internists in attendance. The conference was also video-transmitted to physicians in South America.

Cleveland Clinic speakers included William Carey, M.D.; Keynote speaker Steven Nissen, M.D., Chairman of the Department of Cardiovascular Medicine; **Conrad C. Simpfendorfer, M.D.** (CARD'78, CF'79); David Taylor, M.D.; William Stewart, M.D.; Byron Hoogwerf, M.D.; **Samir R. Kapadia, M.D.** (CARD'98, CARDIN'00); **Walid I. Saliba, M.D.** (CARD/E'99); and **Mario J. Garcia, M.D.** (CARD/I'94). In addition, **Alex Abou-Chebl, M.D.** (CBD'00, NICU'01, N/SV'02), and Patrick Whitlow, M.D., presented case transmissions from the Cardiac Cath Lab at Cleveland Clinic to those in attendance in Mexico.

Cleveland Clinic honored more than 500 of its 2005 donors at its annual Partners in Philanthropy celebration on June 28, thanking donors for their generous support and steadfast commitment to Cleveland Clinic.

At the event, Toby Cosgrove, M.D., CEO and President of Cleveland Clinic, also recognized Carl and Babs Glickman of Shaker Heights, OH for their life-long contributions to Cleveland Clinic, while celebrating the start of construction on the Glickman Tower. Upon completion, the state-of-the-art building on Cleveland Clinic's main campus is to house the Glickman Urological Institute, Department of Nephrology and Hypertension, dialysis and other programs and new initiatives.

Collectively, those at the Partners in Philanthropy event represented lifetime donors, donors who in 2005 made outright gifts, endowed chair donors and chair holders, and members of Cleveland Clinic's Pyramid Legacy Society, who have committed to long-term charitable giving plans benefiting the hospital.

Congratulations to the Bakken Heart-Brain Institute Pilot Grant Program winners: Javier Provencio, M.D., Cardiac Damage in Subarachnoid Hemorrhage: The role of cerebral control of inflammation; Bruce D. Trapp, Ph.D.: Protection of Heart and Brain; **Christine S. Moravec, Ph.D.** (RES'89), and Michael McKee, Ph.D.: Heart Rate Variability Biofeedback in the Treatment of Early Heart Failure. These proposals, selected from more than 20 outstanding applications, were part of the BHBI Pilot Grant Program promoting new laboratory-based or clinical research projects that explore the mechanistic connections between the cardiovascular and nervous systems. Winners were announced at the recent Heart-Brain Summit.

Cleveland Clinic recently broke ground for a new \$10 million building to house programming for its Center for Autism. The 60,000-square-foot, three-floor building is being constructed adjacent to the existing Children's Hospital – Shaker Campus at 2801 Martin Luther King Jr. Drive in Cleveland.

The Clinic already has raised nearly \$5 million through donations for the new building and the hospital system will kick in the rest, said Leslie Sinclair, director of the autism center.

With the new space, the autism center will be able to serve 90 to 100 autistic children in its Lerner School, which currently is a year-round school for 73 children, Ms. Sinclair said. However, she said the school ultimately could serve more children.

Cleveland Clinic has completed the purchase of Dallas-based Tenet Healthcare Corporation's interest in Cleveland Clinic Hospital in Weston, Florida. As of October 1, the Clinic is the sole owner of the entire Cleveland Clinic Florida campus that includes the hospital and an attached outpatient medical office.

Through a partnership agreement, Cleveland Clinic and Tenet built and jointly operated the 150-bed, multi-specialty hospital in Weston, which opened its doors to the public in 2001. Cleveland Clinic physicians have provided and will continue to provide care to patients in the hospital and in the outpatient facility. The outpatient building has always been owned by the Clinic.

As a wholly integrated medical campus, Cleveland Clinic Florida will fully incorporate Cleveland Clinic's unique model of medicine – a non-profit group-practice which emphasizes patient care supported by research and education. Over the next three months, and under the leadership of **Bernardo B. Fernandez, Jr., M.D.** (IM'90, VM'91), Chief Executive Officer of Cleveland Clinic Florida, employees at the Weston hospital will transition their employment to Cleveland Clinic.

“Uniting as one team will best allow us to provide the quality of care that has made Cleveland Clinic one of the world's leading academic medical centers, while continuing to meet the growing healthcare needs of patients in south Florida,” says Delos “Toby” Cosgrove, M.D., President and Chief Executive Officer of Cleveland Clinic in Ohio.

Cleveland Clinic announced that Fred M. DeGrandis has been named President and Chief Executive Officer of Cleveland Clinic's Regional Hospitals in a continued effort to strengthen overall operations across the system and to optimize clinical programs of excellence to benefit care and service to patients.

"This announcement will allow the Clinic to take the next major step toward its long-term goal of more tightly integrating the health system as a community resource and network of hospitals that share best practices in a number of clinical and non-clinical areas," said Michael O'Boyle, Chief Operating Officer at Cleveland Clinic, who will oversee this initiative. "Fred brings a tremendous amount of leadership experience, a deep understanding of community hospital infrastructure and a commitment to a strong regional system that truly benefits the patient experience."

With a more unified leadership structure among the regional hospitals, the Cleveland Clinic health system is in a much stronger position to align clinical programs and share best practices, enhance support for key clinical programs and increase the availability of clinical trials to patients. Some of the areas that are currently benefiting from this include neuroscience, oncology and orthopedics.

Non-clinical areas are also benefiting from this integration. Leaders at the regional hospitals are becoming more involved in local community groups to gain a better understanding of the community needs in their respective neighborhoods. Leadership councils have also evolved over time and have been expanded to better include physicians in planning and decision making at the community levels and to increase communication across the system.

Mr. DeGrandis joined the Clinic in 2003 as the chief executive officer of the Clinic's western region, including Fairview, Lutheran, and Lakewood hospitals. With more than 25 years of experience in health care management, Mr. DeGrandis has served the local communities in variety of ways including as a trustee of the West Shore Chamber of Commerce, an elected member of the Rocky River School Board, and a trustee of the Ohio Hospital Association. He is also the president of the board of directors of the Northeast Ohio Chapter of the ALS Association (Lou Gehrig's disease).

Coronary computed tomographic (CT) scanning is useful technology, but does not replace the need for clinical judgment, a Cleveland Clinic-led study reports.

Findings of the Coronary Assessment by Computed Tomographic Scanning and Catheter Angiography (CATSCAN) study appear in the July 26 issue of the *Journal of the American Medical Association*.

"Our results indicated that a negative finding on computed tomography angiography (CTA) virtually eliminated the possibility of having significant coronary artery disease," said **Mario J. Garcia, M.D. (CARD/I'94)**, the study's lead author and director of Cardiac Imaging at Cleveland Clinic. "This means that if no significant narrowing was seen by CTA, the results confirm those of conventional coronary angiography, potentially eliminating the need for this invasive procedure."

However, the results also indicated that a coronary CTA performed with a 16-detector scanner often leads to inconclusive or "false positive" results. Therefore, this test should not be used indiscriminately, but only when deemed medically necessary.

The CATSCAN study was conducted to evaluate the accuracy of coronary computed tomography angiography done with 16-row multidetector scanners under a standardized protocol. Previous studies at select single centers (located primarily in Europe) had shown the test was accurate.

The multicenter CATSCAN study took place from June 2004 through March 2005 with 238 patients undergoing coronary angiography for evaluation of suspected coronary artery disease. Eleven centers in the United States, Europe, Israel, Japan and Argentina participated.

The School of Medical Technology is reopening next year after a 10-year hiatus. Julia Sutch, acting program director, says reopening the school will help fill certain healthcare positions. "There's a nationwide shortage in medical technology careers," she explains. "We're hoping to help with that crisis and help Cleveland Clinic with that shortage in the laboratories as well."

Barbara Kaplan, M.D., pediatric gastroenterologist, was recognized at the Crohn's & Colitis Foundation of America's (CCFA) Northeast Ohio Chapter's Premier Awards Dinner in June, along with GI nurse, Marlene Bambrick and philanthropist/volunteer Bob Lasser, for their work in helping patients with inflammatory bowel disease.

Campus Clips (continued)

Gregory B. Collins, M.D., Section Head of the Alcohol and Drug Recovery Center of the Cleveland Clinic, has been named the recipient of the 2006 Bronze Key Award by Recovery Resources Inc. The award is the highest presented by the National Council on Alcoholism and Drug Dependence. Collins has treated more than 30,000 patients with drug and alcohol problems.

Robert M. Palmer, M.D., Section Head of Geriatric Medicine, is editor of “Surgical Innovations: Improving Quality of Life,” recently published for clinics in Geriatric Medicine. The book highlights advances in surgical techniques that are used more commonly in older patients. Nine chapters are written by Cleveland Clinic staff surgeons and geriatricians.

Andrei Gudkov, Ph.D., Chair, Molecular Genetics, was the only Ohio scientist to be selected as one of the “20 People You Should Know” at BIO2006. Baseball-like trading cards were created to introduce them to BIO2006 attendees.

Edward Plow, Ph.D., chairman of the Cleveland Clinic Lerner Research Institute’s Department of Molecular Cardiology, recently received two national awards from the American Heart Association’s Council for Arteriosclerosis, Thrombosis and Vascular Biology. He received a lifetime achievement award from the organization, and the Council’s Women’s Leadership Committee awarded him the 2006 Mentoring Award. He is the first male to win the award.

Philip Schauer, M.D., Director of Cleveland Clinic’s Bariatric and Metabolic Institute, is the new President of the American Society for Bariatric Surgery (ASBS). Dr. Schauer was installed as the society’s president at the 23rd Annual Meeting of the Society for Bariatric Surgery which took place in San Francisco June 26 thru July 1. He will serve a one-year term.

Linda Bradley, M.D., Obstetrics and Gynecology, became President of the OB/GYN section of the National Medical Association (NMA) in August 2006 for a two-year term. In this role, Dr. Bradley will develop a strenuous program in continuing medical education programs in Obstetrics and Gynecology to ensure that NMA members remain abreast of rapidly occurring advances across the specialty.

Pudge Henkel was named executive director of government relations for the Cleveland Clinic. Henkel, 69, started the new job Aug. 1, 2006. Formerly a partner with the law firm Thompson Hine, he has plenty of government connections, having run the 1983 and 1984 presidential campaign of his Yale Law classmate Gary Hart.

Scott A. Strong, M.D. (CRS’92), Department of Colorectal Surgery and President of the Cleveland Clinic Alumni Association Board of Directors, will be the first holder of the Thomas C. and Sandra S. Sullivan Family Chair, established in honor of Mr. Sullivan’s late sister, Patricia Sullivan Schriener, who was treated at Cleveland Clinic for Crohn’s disease for many years.

“Cleveland Clinic has been a part of our family’s lives for a long period of time,” said Mr. Sullivan. “We would like to congratulate Dr. Strong, and are happy to establish this chair to denote our gratitude for the patient care that Cleveland Clinic has provided to us and our family.”

The Sullivan and RPM International, Inc. \$1.5 million gift to the Cleveland Clinic Colorectal Surgery department will be used to advance research related to understanding the etiology, diagnosis and management of IBDs such as Crohn’s and ulcerative colitis.

Allen Roth, M.D., ophthalmologist in the Cole Eye Institute, received the American ORT Chapter Supporter of the Year Award for Cleveland in 2005. The award is presented annually to one individual nationally who has provided outstanding service and support to the campaign of the chapter of which he or she is a member. Roth served on American ORT’s national board of directors, and he is the immediate past president of the Cleveland chapter and current chairman of its advisory committee.

James Goldfarb, M.D., Director of the Women’s Center and Fertility Services at Beachwood Family Health Center, was elected Clinical Director of the Society for Assisted Reproductive Technology.

Juan Cuevas, department analyst in Radiation Oncology; Jorge Garcia, M.D., hematologist, medical oncologist at Taussig Cancer Center; and E. Rene Rodriguez, M.D., Anatomic Pathology, recently were recognized at Kaleidoscope Magazine’s “Black & Brown In All White Affair,” an annual event that recognizes Hispanic Americans and African Americans for their professional contributions.

Heather Gornik, M.D., MPH, RVT, is the new director of the Vascular Lab. She will oversee the operations and growth of one of the nation’s largest vascular labs.

Tommaso Falcone, M.D., Chairman, Department of Obstetrics and Gynecology, was appointed to the Editorial Board for the *Journal of Robotic Surgery*.

Patrick J. Sweeney, M.D., received the Alfred and Norma Lerner Humanitarian Award, Cleveland Clinic's most prestigious physician honor, at this year's 1921 Society Dinner on Sept. 14. "The award goes to a physician whose selfless dedication, boundless compassion and tireless work have made a profound and singular contribution to the good of humankind," said 1921 Society Chair Norma Lerner. Dr. Sweeney, a neurologist and leading expert in Parkinson's disease and movement disorders, joined Cleveland Clinic in 1973. He has been the Director of the Neurology Residency Training Program for 11 years. In 2004, he was selected for the Sam and Maria Miller Master Clinician Award in recognition of his remarkable expertise and dedication to patients. Recently, he wrote a book entitled *Neurologic Science at Cleveland Clinic, the Early Years*.

At the event, the Distinguished Fellow award, Cleveland Clinic's highest philanthropy honor, was also given to those who have made extraordinary contributions of resources and service to support the mission of Cleveland Clinic. This

year's recipients were John and Mary Payiavlas, Eleanore and Bob Risman, and Jane and Lee Seidman. The 1921 Society Dinner, which took place at Severance Hall, was held in honor of Cleveland Clinic supporters who have given \$1 million or more. More than 300 people attended, including many of the 59 newly-inducted 1921 Society members.

Vinod Sahgal, M.D., Chairman, Physical Medicine and Rehabilitation, received a Lifetime Achievement Award in Rehabilitation Medicine at the annual World Congress on Clinical & Preventive Cardiology on Sept. 25 in Rajasthan, India. The achievement award was presented by His Excellency Dr. A.P.J. Abdul Kalam, President, Government of India.

Eric Kodish, M.D., has been appointed to serve a four-year term on the National Institutes of Health (NIH) Recombinant DNA Advisory Committee (RAC). Dr. Kodish, who is Chairman of Bioethics, is one of 20 experts appointed to the RAC by the Secretary of the Department of Health and Human Services.

Graduation (continued)

Lower Non-Clinical Award

First Place: **Bogdan Dumitriu, M.D.**
Department of Biomedical Engineering

Honorable Mention: **Fares Masri, Ph.D.**
Department of Pathology

Peskind Memorial Award

Established by a group of grateful patients, friends and family of the late Dr. Adolph Peskind to recognize residents and fellows in medicine who achieved excellence in the preparation of a scientific publication.

Ilke Sipahi, M.D.
Department of Cardiovascular Medicine

Robert C. Tarazi Fellowship Award

Established in memory of Robert Tarazi M.D., past vice chairman of the Division of Research from 1977 to 1984, to recognize papers that make an outstanding contribution to clinical or basic cardiovascular research aimed at bettering the understanding and/or treatment of cardiovascular disease.

First Place: **Ganapati Mahabaleshwar, Ph.D.**
Department of Molecular Cardiology

Honorable Mention: **Mehdi Shishebor, D.O.**

Bruce Hubbard Stewart Award

Established in memory of Bruce Stewart, M.D., who was a member of the Department of Urology for many years and later chairman of the Division of Surgery. His friends and family established the award in recognition of his ability to combine sensitivity and compassion with knowledge and skill in the practice of medicine.

Michael Byrd, M.D., Head & Neck Institute

Steven Shook, M.D., Department of Neurology

George and Grace Crile Traveling Fellowship Award

Made possible by a grant given by the Crile family, this award is presented each year to an outstanding trainee who demonstrates exceptional capability and effort.

Matthew F. Kalady, M.D.
Department of Colorectal Surgery

Crile Research Fellowship Award

Awarded by the Division of Education for highly meritorious basic science research proposals. Award winners are selected based on scientific quality of the project and mentoring environment and offered a one-year basic science opportunity the following year.

Kevin Zbuk, M.D., Genomic Medicine Institute

Calendar

NOTE: All courses are at the spectacular state-of-the-art InterContinental Hotel & MBNA Conference Center on the Cleveland Clinic campus in Cleveland, OH, unless otherwise noted.

Contact Information

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www.clevelandclinicflorida.org

Alumni are entitled to a substantial discount on CME sponsored by the Cleveland Clinic Center for Continuing Education, Cleveland, OH, and by Continuing Medical Education of Cleveland Clinic Florida.

December

- 2** Hematology & Oncology for the Clinician
Oak Brook Hills Marriott Resort
Chicago, IL
- 4-8** Gamma Knife Radiosurgery Training Course
Gamma Knife Center,
Cleveland Clinic
Cleveland, OH
- 9** Innovations in Glaucoma
Cole Eye Institute, Cleveland Clinic
Cleveland, OH
- 16** Current Concepts in Joint Replacement
Hyatt Regency Grand Cypress
Orlando, FL

January 2007

- 26-29** Hysterectomy Advances
Marriott Harbor Beach Resort & Spa
Fort Lauderdale, FL

February

- 10** The Ninth Annual Pain Management Symposium
Portofino Bay Hotel
Orlando, FL
- 14** Endorectal Ultrasonography Course
Cleveland Clinic Florida
Jagelman Conference Center & Marriott Harbor Beach Resort
Weston, FL
- 14-17** International Society of Laparoscopic Colorectal Surgeons jointly sponsored with Cleveland Clinic Florida
Cleveland Clinic Florida
Jagelman Conference Center & Marriott Harbor Beach Resort & Spa
Fort Lauderdale, FL

- 15-17** 18th International Colorectal Disease Symposium
Marriott Harbor Beach Resort & Spa
Fort Lauderdale, FL
- 19** Endoscopy and Natural Orifice Workshop
Cleveland Clinic Florida
Jagelman Conference Center
Weston, FL
- 20** Bariatric Allied Health
Biltmore Hotel
Coral Gables, FL
- 19-21** Surgery of the Foregut Symposium
Biltmore Hotel, Coral Gables, FL & Cleveland Clinic Florida
Jagelman Conference Center,
Weston, FL
- 24** 6th Annual ABCs of Heart Failure
Hilton Cleveland, East
Cleveland, OH

March

- 1-2** 6th Annual Update on Gynecologic Endoscopy
- 2-3** Innovations in Aesthetic Surgery
Hyatt Regency Pier 66
Fort Lauderdale, FL
- 9-12** Female Pelvic Floor Disorders
Hyatt Regency Pier 66
Fort Lauderdale, FL
- 15-17** Palliative Medicine 2007 – 11th Annual International Symposium
Hyatt Regency Coconut Point Resort & Spa
Bonita Springs, FL
- 25-30** Innovations in Ophthalmology
Los Cabos, Mexico
- 27-** Comprehensive
- Apr. 1** Anesthesiology Review

May

- 10-11** Pain Management and Procedural Sedation

June

- 15-16** Liver Disease in Women Summit
- 21-23** Neuromuscular Diagnosis and Decision Making
- 24-26** Epileptology: Comprehensive Review and Practical Exercises
Maumee Bay Resort
Toledo, OH
- 27-29** 17th International Epilepsy Symposium: Epilepsy Surgery
- 28-29** Epilepsy Surgery Techniques: Dissection Exercises

Alumni Receptions, "Mini Reunions" and other Alumni Events:

The Cleveland Clinic Alumni Association and various department chairmen are pleased to be sponsoring alumni gatherings at the following major national medical meetings and other venues. All local alumni, as well as those attending the meetings, are cordially invited to these Alumni Events with their spouse/companion. Watch your mail for more information, check the Alumni home page at www.clevelandclinic.org/education/ alumni or contact the Office of Alumni Relations at 216.444.2487, toll-free, 800.444.3664, fax, 216.445.2730, or via e-mail: alumni@ccf.org

ALUMNI EVENTS December

- 3** American Epilepsy Society
Washington, DC
Grand Hyatt, Franklin Room,
6-8 p.m.

For information on these events as well as an online CME, medical publications and how to register for free e-mail updates, please visit: www.clevelandclinicmeded.com

10 American Society of Hematology
Orlando, FL
Peabody Orlando, Florida II Room, 7:30 – 9:00 p.m.

February 2007

6 American Academy of Orthopedic Surgeons
San Diego, CA
Omni Hotel
Gaslamp 5 Room
6–8 p.m.

23-27 American Academy of Allergy, Asthma & Immunology
San Diego, CA

March

24-27 American College of Cardiology
New Orleans, LA

24-30 United States & Canadian Academy of Pathology
San Diego, CA

April

11-15 American Association of Clinical Endocrinologists
Seattle, WA

18-19 American Association of Neurological Surgeons
Washington, D.C.

19-21 American College of Physicians
American Society of Internal Medicine
San Diego, CA

28- American Academy of Neurology
May 5 Boston, MA

May

6-10 Association for Research in Vision & Ophthalmology
Fort Lauderdale, FL

18-23 American Thoracic Society
San Francisco, CA

19-24 American Psychiatric Association
San Diego, CA

19-24 American Urological Association
Anaheim, CA

20-23 Digestive Disease Week
Washington, D.C.

June

1-5 American Society of Clinical Oncologists
Chicago, IL

2 Class of 2007 Annual Graduate Recognition Reception and Awards Presentations
HSA / HSSA End-of-Year Dinner Dance

2-6 American Society of Colon & Rectal Surgeons
St. Louis, MO

7-10 Society for Vascular Surgery
Baltimore, MD

Special Invitation

From Program Chair, Michael P. O'Donnell, PhD., MPH, MBA, Wellness Director, Cleveland Clinic

March 28–31, 2007

17th Annual Art and Science of Health Promotion Conference – Integrating Health Promotion Into All Sectors of Society
Moscone Center
San Francisco, CA

Intensive Training Seminar Dates:
March 26-27 and March 31-April 1

Contact: www.HealthPromotionConference.org
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Cleveland Clinic
9500 Euclid Avenue
Cleveland, OH 44195

Or reply by fax at: 216.445.2730

Or by e-mail to: alumni@ccf.org

Medicine:

Cardiology (Non-Invasive/
Echo/MR)
Cardiology
(Electrophysiology)
Dermatology
Gastroenterology
Internal Medicine
Nephrology (Dept. Chair)
Oncology
Vascular Medicine

Surgery:

Gynecology
Hand Surgery (Plastics or
Ortho)
Orthopaedic Surgery
(Joint Replacement and
Foot & Ankle)
Otolaryngology
Spine Surgery
Urogynecology
Urology

Pathology/Lab Medicine

Contacts

| 50s |

Mustafa V. Onat, M.D. (AN'55), retired department head of Anesthesiology at Penoscot Bay Medical Center, Rockport, ME, now of Chesterfield, MO, wrote to say he received the Innovation Award for the Onat Ballooned Nasogastric Tube from the Cleveland Clinic on June 5, 2006.

| 60s |

John S. Collis Jr., M.D. (S'57, NS'61) See Louis L. Keppler, M.D., 80s, below.

Warren F. Johnson, M.D. (U'69) forwarded a hand-written note to the Alumni Relations office, in appreciation of a card sent marking his 70th birthday, August 25th. He writes that he is "substantially" retired – since age 65 – but still doing some useful tasks, "though not many." He remarked that he will always value his time at Cleveland Clinic and noted with great pleasure the outstanding development of the Urology Unit as well as the Clinic since his time here, 1966-1969.

Visith Sirprijia, M.D., Ph.D., FACP (RES'60) who was a fellow in the Department of Artificial Organs and worked with Willem J. Kolff, M.D., furthered his training in nephrology at the University of Colorado Medical Center, Denver, from 1960 to 1964. He then returned to Thailand to work in the Department of Medicine at Chulalongkorn University until his retirement from the Medical School as Chairman of the Medical Department and Chief of the Nephrology Division in 1995. He currently is working for the Thai Red Cross as Director of the Science Institute at Queen Saovabha Memorial Institute in Bangkok.

| 70s |

Kenneth E. DeHaven, M.D. (GL-1'66, S'67, ORS'72, former Cleveland Clinic staff, 7/72 to 1/75), Professor of Orthopaedics at the University of Rochester (NY) and Senior Associate Dean for Clinical Affairs and Director of the University of Rochester Medical Faculty Group was recently inducted into the American Orthopedic Society for Sports Medicine's Sports Hall of Fame, the organization's highest tribute. In 2001, AOSSM established the Hall of Fame to honor members of the orthopedic sports medicine community who have contributed significantly to the specialty and set themselves apart.

Andrew C. Novick, M.D., (U'77) Chairman of the Cleveland Clinic Glickman Urological Institute, Associate Dean for Faculty Affairs, and Professor of Surgery at Lerner College of Medicine of Case Western Reserve University, presented two

prestigious named lectures – the Willet F. Whitmore Jr. Lecture, "Kidney Cancer: Past, Present and Future," at the annual Society of Urologic Oncology meeting, and the Ramon Guiteras Lecture, "Ischemic Renal Disease: Implications for the Urologist," at the annual American Urological Association meeting. He is the first Cleveland Clinic physician to present either lecture.

Conrad C. Simpfordorfer, M.D. (CARD'78, CF'79) was awarded the *Dr. Ignacio Chavez Medal* by the Universidad Nacional Autonoma de Mexico (UNAM) for contributions in the area of Invasive Cardiology, during the 2nd International Cardiology Forum held recently in Mexico City. Dr. Ignacio Chavez is known as the father of Mexican cardiology and the Instituto Nacional de Cardiologia is named after him. Dr. Simpfordorfer, of the Cleveland Clinic's Department of Cardiovascular Medicine, received his medal from Dr. Angel Gonzalez-Caamano, Chairman of Clinical Investigation at UNAM and President of the Interamerican Heart Failure Society. The 2nd Forum in Cardiology was a total success with more than 1200 attendees.

| 80s |

Michael S. Benninger, M.D. (OTO'88) is Chairman of Otolaryngology-Head and Neck Surgery at Henry Ford in Detroit, MI; the editor-in-chief of *Otolaryngology-Head and Neck Surgery*, the largest ENT journal; and a senior examiner for the American Board of Otolaryngology. He has also recently been elected treasurer of the American Laryngological Society and sits on the boards of directors of the American Academy of Otolaryngology-Head and Neck Surgery, the Voice Foundation and the International Association of Phonosurgery. He is the Past-President of the American Rhinologic Society and the Michigan Oto-Laryngological Society and has served on the Resident Review Committee and on the Medical Advisory Board of WebMD. He and his wife, Kathleen, have two children, Ryan and Kaylin.



(Left to right) Mike Benninger with Dennis H. Kraus, M.D. (OTO'90) and Pierre Lavertu, M.D. (HNS'83).

Philippe G. Berenger, M.D. (IM'86, PM'06), See 00s below.

Joseph (Joe) R. Calabrese, M.D. (P'84), Professor of Psychiatry at Case Western Reserve University School of Medicine and Director, Mood Disorders Program, University Hospitals of Cleveland, was selected as a recipient of the 2006 Ellis Island Medal of Honor; an annual award to outstanding American citizens through all walks of life who have distinguished themselves through their contribution to this country. Dr. Calabrese joins the prestigious ranks of past honorees such as Rosa Parks, Walter Cronkite, Muhammed Ali & Colin Powell.

Frank A. Cosentino, D.O. (H/N'89) wrote that he had quite a few alumni call him after the last *Alumni Connection* feature, "Nephrologist's Practice Goes to the Dogs". His wife, Cindy, who manages his practice, also reported that they broke ground in October 2006 for a second dialysis unit partnered with American Renal in Piketon, OH. They will then have an Acute Dialysis Unit in Chillicothe and two chronic units, the Chillicothe Regional Dialysis Center and the Piketon Regional Dialysis Center. The couple also just bought a 110 acre farm in Alexandria, OH and will be building their own Equestrian Center. Cindy added, "Don't you think we're crazy! I guess all of this will keep us young!" The couple aptly named their new spread as "Greenaway Farm" which also happens to be Cindy's mother's maiden name.

Louis L. Keppler, M.D. (ORS'83) of Horizon Orthopedic, Inc. along with fellow alumnus, **John S. Collis Jr., M.D.** (S'57, NS'61) of Cleveland Spine and Arthritis Center, are pleased to announce that they are finally able to combine their specialty practices as co-directors of the Spine and Orthopedic Institute, being launched by St. Vincent Charity Hospital. A 21-bed wing for patients of the institute will be carved out of existing space on the sixth floor of the hospital. Additionally, plans are being finalized to open an outpatient site in the hospital's adjacent medical office building. Drs. Collis and Keppler also will maintain their offices in Broadview Heights and Brookpark, respectively. These offices will be tied together via technology so medical records and information can be shared between them. Three more surgeons are already part of the new institute and more will be recruited during the next two to three years, including a spine surgeon and an orthopedic surgeon. Plans to expand into space for training visiting surgeons and transforming a vacant research building into incubator space for small, biomedical science companies also are being developed. The doctors

said that when all the plans are complete, the expanding caseload of patients who are spanning a greater age range will be well served – everyone from the younger sports-injured patient to the increasingly older population will be better able to remain active and more self-sufficient.

Holly L. Thacker, M.D. (IM'89), Section Head of Women's Health at Cleveland Clinic, chaired the 5th Annual "Speaking of Women's Health" conference in July 2006 and received a legal resolution from Cuyahoga County Commissioners Tim Hagan, Peter Lawson Jones and Jimmy Dimora for her work in advancing the field of Women's Health. Dr. Thacker also is featured in *The Cleveland Woman Magazine* – The Premiere Women of Cleveland Series and presented at a special town hall meeting with Senator Mike DeWine sponsored by the Global Health Council on Women's and Children's Health.

| 90s |

Ivo Bekavac, M.D., Ph.D. (N'98), of Cedar Fall, IA, writes that he is still with Cedar Valley Medical Specialists, P.C. in Waterloo and, as the only neurologist, is quite busy and successful. In fact, he invites neurologists interested in joining his practice to contact him at neuromarina@aol.com or visit www.cedarvalleymedical.com. He adds that since moving to Iowa in 1998 with his wife, Marina, and two daughters, their family has grown to four daughters: Karla, age 13, Paula, age 12, Carmen, age 4, and Barbara, age 5 months). He added, "we have to keep up with the Mid-West average!" He also wanted to share a message with his former soccer teammates from the Cleveland Clinic (Pete, Marc, Dave, Brian . . .) that this year, his team, "Chelsea Reserve" won their 2nd consecutive First Place in Iowa. He adds that his team is comprised of several physicians but he's the only one from Cleveland Clinic. He sends his best regards to all, particularly members of the



Ivo Bekavac and "his ladies," wife Marina and daughters Karla, 13, Paula, 12, Carmen, 4, and Barbara, 5 months, on vacation in Split, Croatia in August.

Cleveland Clinic Department of Neurology and wrote, "God Bless CCF."

Susan M. Begelman, M.D., R.V.T. (IM'99, VM'00)
See 00s, below.

Inderbir S. Gill, M.D. (RES'90, U/RT'91) Vice-Chairman of the Cleveland Clinic Glickman Urological Institute, was awarded the Dr. B.C. Roy National Award for 'Eminent Medical Person' by the President of India. He is the first physician living outside of India to be selected for this prestigious award.



Inderbir S. Gill, M.D.

Toni Love Johnson, M.D. (P'95) See Isabel N. Schuermeyer, M.D., 00s, below.

M. Deborah (Debbie) Lonzer, M.D., F.A.A.P. (PD'93) has assumed the expanded position of Medical Director for Regional Health Affairs at the Cleveland Clinic, which includes Nurse-On-Call, the Call Center and frontline training on Epic software for new hires in the division. Dr. Lonzer is a pediatrician at Cleveland Clinic Willoughby Hills Family Health Center and the Children's Hospital as well as Hillcrest Hospital. She also chairs the Cleveland Clinic's Community Pediatric Practice Committee and is an assistant professor of pediatrics. Fellow alumnus, **Raul J. Seballos, M.D.** (PULMCC'95), of the Department of Preventative Medicine, previously served as Medical Director of Nurse-On-Call.

Steven J. Rowe, M.D. (U'93) accepted a position in Middletown, NY, as one of two urologists starting a new Urology Department at Crystal Run Healthcare, a 130 physician multi-specialty group in the lower Hudson Valley. Previously he was with Urology Associates of Dupage in Wheaton, IL where he just completed his sixth season playing violin with the Wheaton Symphony Orchestra, a community orchestra just outside of Chicago. He also is a member of the VA Medical Musical Group, which is an orchestra composed of medical professionals from all over the United States that plays two concerts every year for veterans groups. Steve and his wife Diane have two children, Joshua, 11, and Abigail, 9.

Raul J. Saeballos, M.D. (PULMCC'95), See M. Deborah (Debbie) Lonzer, above.



Lawrence Crain, M.D. (1965–2003)

**Former Chief Medical Resident
Honored with Memorial Lecture**

The Lawrence "Chris" Crain Memorial Lecture was held during the Division of Medicine Grand Rounds on July 20, 2006. Keith C. Ferdinand, M.D., Medical Director, Heart-beats Life Center New Orleans, LA Chief Science Officer, Association of Black Cardiologists, Atlanta, GA, presented on the topic of "Statin Therapy and African-Americans: Is There a Case for Race-Based Approaches?"

Dr. Crain (IM'97, H/N'99) died unexpectedly at his home in Atlanta on July 22, 2003 at the age of 38. The memorial fund, developed to honor his contributions to Cleveland Clinic throughout his training, supports the annual lecture on kidney disease or hypertension. Contributions to the fund are welcome and may be made to the Lawrence "Chris" Crain Memorial Lecture, Internal Medicine Residency Office /NA10, Cleveland Clinic, 9500 Euclid Ave., Cleveland OH 44195.

Contacts (continued)

Edmund S. Sabanegh, Jr., M.D. (U/MI'94) joined the staff of the Cleveland Clinic Glickman Urological Institute on September 5, 2006, following active duty with the U.S. Air Force as Chairman of the Department of Urology at Wilford Hall Medical Center at Lackland Air Force Base, TX, where he also served as chief of the Surgical Staff since April, 2001.



The Sabanegh family.

Emily E. Volk, M.D. (ACLPTH'98), earlier this year, was promoted to Vice Chairman of Laboratories at William Beaumont Hospital, Troy, MI.

| OOs |

Joseph Bauer, Ph.D. (RES/I'01), with the Cleveland Clinic Cancer Center Division Office, was selected out of 15 applicants to receive funding for a new anti-cancer drug study by RAID. RAID is a support program that is part of the National Cancer Institute Developmental Therapeutic Program. Dr. Bauer is the first investigator at Cleveland Clinic to receive funding from RAID. He presented his findings in July, 2006

Susan M. Begelman, M.D., R.VI. (IM'99, VM'00), formerly a member of the Vascular Medicine staff at Cleveland Clinic (7/00 to 5/06), is now Associate Director for Clinical Sciences – Cardiovascular at Nuvelo, Inc., a biopharmaceutical company in San Carlos, CA. Dr. Begelman, who now lives in San Francisco, CA, wrote "My decision to leave was especially difficult because I called the Clinic home for 10 years and had close personal relationships with quite a few colleagues, especially in vascular medicine."

Philippe G. Berenger, M.D. (IM'86, PM'06) was appointed to the Cleveland Clinic Pain Management staff at the Lorain campus on July 1, 2006 after completing a fellowship in Pain Management June 30, 2006. He completed his Internal Medicine Residency at the Cleveland

Clinic in 1986 and worked in Lorain, OH before making a "career adjustment".

Suzanne M. Breckenridge, M.D. (IM'04) completed her Endocrinology Fellowship at Washington University in St. Louis, MO, June 2006. She and husband Alan Harold, welcomed their first child, Caroline Marie on July 18, 2005. They have returned to Ohio where Dr. Breckenridge joined Northeast Ohio Endocrinology, a private practice in Canton, OH.

Tatiana A. Falcone, M.D. (P'05) awarded the Psychiatric Services Achievement Award from the American Psychiatric Association for innovative leadership in her effort in public psychiatry on behalf of children and minorities. She also received the Child Intervention, Prevention and Services (CHIPS) mental health research award; a funded-award that helps researchers learn how to write grants from the National Institutes of Mental Health grant review group.

Warren C. Hammert, D.D.S., M.D. (PL/RS'01) is now practicing Plastic Surgery and Hand Surgery at the University of Rochester Medical Center, NY. Previously, he was on staff at Cleveland Clinic from August 2002 to August 2006.

John K. Hill, M.D. (H/O'03) of Hendersonville, NC, and his wife, Stacy, are pleased to announce the birth of their second child, a son, Brock Alexander, born Sept. 3, 2006. He joins big sister, Madelyn, who will be three years old on December 3rd.

Aaron P. Hoschar, M.D. (ACLPTH'05) was appointed to the Cleveland Clinic associate staff in Anatomic Pathology, effective July 1, 2006. He served as the ENT/Endocrine Pathology Fellow at the University of Pittsburgh Medical Center. He and his wife Ashley live in Hudson, OH.

Ge Jin, Ph.D. (RES/CE'99, RES/MB'01) was appointed assistant professor in the Department of Biological Sciences at Case Western Reserve University School of Dental Medicine, effective July 1, 2006. Previously he was a research associate in the Cell Biology Department at Cleveland Clinic, December 2003 through June 2006.

Giridhar (Giri) P. Kalamangalam, M.B.B.S., D.Phil., MRCP (UK), ABCN (NPHY'04) took an academic position in mid-June 2006 as assistant professor of Neurology, Texas Comprehensive Epilepsy Program at the University of Texas Medical School at Houston. After completing his EEG/Epilepsy Fellowship in December 2004, he worked as a Specialist Registrar in Neurology at the Institute of Neurological Sciences (INS) in Glasgow, United Kingdom, until February

2006, and subsequently as a consultant (Staff) Neurologist at the same institution, when he relocated to Houston, TX with his wife, Sujata Krishna, and their two daughters, Rukmini, age 5 and Aarti, age 2.

Martin E. Lascano, M.D. (IM'04), See Maria-Fernanda Bonilla, M.D., Future Alumni, below.

Garine A. Lepejian, M.D. (PD '04), born in Armenia, was living in Antelias, Lebanon until taking a position with Pediatric Associates in Dyersburg, TN, where she lives with her husband, Vatche.

Amir-Hossein Mehran, M.D. (CCFLR - MIS'03) is now Director of Bariatric Surgery and assistant clinical professor of Surgery at the University of California, Los Angeles. Dr. Mehran is Boards Certified in Surgery and a Fellow of the American College of Surgeons. He is also a member of the SAGES, SLS, ASBS, and SSAT.

Isabel N. Schuermeyer, M.D. (PSYMF'05), Cleveland Clinic Associate Staff, Psychiatry and Psychology, is the new president of the Cleveland Consultation-Liaison Society. The gavel was passed to her at the C/L Society's recent meeting by fellow alumnae, **Toni Love Johnson, M.D.** (P'95), who is immediate past-president and director of Psychiatric Emergency Services and medical director of Medical Center and medical director of their Broadway Mental Health Center, Cleveland, OH.



Drs. Love Johnson and Schuermeyer

Elias S. Siraj, M.D. (IM'99, END'01), who remained on staff at Cleveland Clinic through Sept. 10, 2006, has relocated to Philadelphia, PA where he is an assistant professor of Medicine and associate program director for the Endocrinology Fellowship program at Temple University. In a note of thanks to his Cleveland Clinic colleagues and friends, he said, "It has been a privilege and honor for me to have trained and worked at the Cleveland Clinic."

Masumi Yamamuro, M.D. (CARD/S'96, GS'00) recently relocated from his native country of Japan where he was Director and Chief of Cardiac Surgery at Machida Municipal Hospital to join Karan Cardiology, LLC in Anniston, AL.

| Future Alumni |

Maria-Fernanda Bonilla, M.D. an Internal Medicine/Primary Care resident and husband, **Martin E. Lascano, M.D.** (IM'04), who began a Nephrology Fellowship in 2005, are proud to announce the birth of their first child, Simon G. Lascano Bonilla, born July 7, 2006.



Simon Lascano Bonilla with his proud parents.

| Former Staff |

David A. Horvath, M.D., a Cleveland Clinic plastic surgeon from January 1998 to July 2006, has returned to his home in the Philadelphia, PA area to start a private practice in Abington, PA.

| In Memoriam |

You are ever in my thoughts, though I don't know what to say.

I can try to say I'm sorry – it echoes empty, far away.

But my memories are near; they're full of life, and as you rest, it's not 'I'm sorry'; rather, thank you – our paths crossed, and I feel blessed.

– Tammy Attia, M.D.
Faculty Development Coordinator
Univ. of Northern British Columbia, Canada
online memorial to Dr. Mary Jane McLaughlin

John R. Caldwell, M.D. (IM'52) a hypertension/nephrology physician retired from Henry Ford Hospital, Detroit, MI, died Aug. 3, 2006, at age 87, after a fall at his home in Birmingham, MI. Born, Oct. 11, 1918, he received his medical degree from Temple University, Philadelphia, PA, in 1943.

His wife, Julia, died four weeks after him from a massive stroke. Daughter Ann remarked that she thinks her mother really died of a broken heart. Dr. and Mrs. Caldwell are survived by their five children, John (Karen), Ann Kelly (James), Sally Fisher (Gregg), Beth Simon (Dan) and Mark (Nancy); 12 grandchildren and four great grandchildren. Memorial Tributes may be made to Physicians for Social Responsibility, 1875 Connecticut Avenue NW, Suite 1012, Washington, DC 20009.

Wallace N. Davidson Jr., M.D. (D'58), 80, Dayton, OH, passed away on April 16, 2006. He was born in Oklahoma City, Oct. 18, 1925 and received his medical degree from the University of Oklahoma School of Medicine in 1951. He is survived by one son and one daughter.

Alfred E. Dodson Jr., M.D. (U'56), 83, of Portland, OR, died peacefully in his sleep March 17, 2006 of Parkinson's disease. Born June 13, 1922 in Gallup, NM, he received his medical degree from Oregon Health Sciences University in 1947. He married Phyllis Lehman and then served in the Navy in Korea. He lived in Spokane, WA for 45 years, practicing urology and teaching residents at Deaconess Hospital. During his long and distinguished career, he was the president of the NW Urological Association, president of Holy Family and St. Luke's Hospital and a fellow of the American College of Surgeons and the American Urological Society. He was also a member of the Kiwanis and the Spokane Club. Survivors include his wife, Phyllis Lehman Dodson, and their two children, Thomas and Mary Jo, and four grandchildren. Remembrances should be sent to the Oregon Health Sciences University Parkinson's Center. Mrs. Dodson remarked that Dr. Dodson "truly enjoyed his time at the Cleveland Clinic."

Edward I. Feil, M.D., M.B.A. (GL-1'68, S'69, ORS'72), 64, of Santa Fe, NM, resided in Albuquerque from 1981 until 2000, during which time he was Chairman of the Department of Orthopedics at Lovelace Medical Center. He retired in 2000 due to a physical condition, and was completing a two-year program in integrative medicine and due to go back into active practice in the near future, when he died suddenly on April 16, 2006. Born in Brooklyn, NY, Feb. 15, 1942, he received his medical degree from New York Medical College in Valhalla, NY in 1967. He also was a Lord Nuffield Scholar in Oxford, England prior to two year's military service in the U.S. Air Force during the Viet Nam war. The family lived in Chicago after military service until relocating to New Mexico. He was beloved by his patients and well respected by the medical community as a surgeon and administra-

tor. He was a member of the Temple B'rai Israel in Albuquerque for 24 years. Services were held April 20, 2006 at Temple Beth Shalom, Santa Fe where he was a member since 2000 with burial following at the Santa Fe National Cemetery. His wife of 40 years, Susan; son, Matthew, of New York City; daughter, Alicia of Albuquerque; his parents, Seymour and Yvette Feil; and two sisters survive him. The family requests donations in Dr. Feil's name to The Albuquerque Community Foundation, 3301 Menaul, NE, Albuquerque, NM 87107 or to the Santa Fe Community Foundation via the Las Campanas Community Foundation, 132 Clubhouse Drive, Santa Fe, NM 87505.

Hans-Joachim Klapproth, M.D. (U'57), 81, of Annadale, VA, passed away Sept. 10, 2006 at Leewood Nursing Center in VA. He was born Nov. 19, 1924 in Germany. Dr. Klapproth was the 1957 recipient of the Lower Fellowship Award and completed his research fellowship under Irvine Page, M.D. and another year of research at St. Vincent Charity Hospital in 1960, before relocating to, then sparsely populated, Fairfax County, VA. This is where he and his family continued the life-long friendship begun in residency with another German born physician, Rolf Koehler, M.D. (IM'60). The two alumni were featured in *The Cleveland Clinic Alumni Connection*, Volume IX, No. 2, July, 1999, "Clinic Training Produces Friends for Life." Dr. Klapproth, a urologist, specialized in stone disease, practicing with a small group for about two years before going out on his own as the only urologist in the county. He served as president of the Fairfax County Medical Society, was president of the Washington Metropolitan Medical Council and president of the Washington Urological Society. He was chief of the Section of Urology at The Fairfax Hospital and served as co-chairman of the Department of Surgery there. Dr. Klapproth was a glider pilot, fisherman, boater and water-skier, avid gardener and enjoyed several hunting trips from Montana to New Mexico with Dr. Koehler, who, as he has said, was like a brother to him. He is survived by his children, Hans Christopher Klapproth of Falls Church, VA and Karina Klapproth of Annadale, VA; four granddaughters, Kristina Hyltoft, Elise Hyltoft, Sonja Hyltoft and Anna Hyltoft.

Mary Jane McLaughlin, M.D., B.Sc., FRCPC, 30, a Fellow in Cardiac Anesthesia, died unexpectedly at her residence in Beachwood, OH, Sept. 15, 2006. Dr. McLaughlin was born in St. John, New Brunswick, Canada, on Feb. 29, 1976. She received her Bachelor of Science degree from the University of New Brunswick in 1997, followed by a Doctor of Medicine from Dalhousie University,

Contacts (continued)

Halifax, Nova Scotia in 2001. While in medical school, she was an active member of the Phi Chi medical fraternity eventually serving as the Grand Presiding Senior overseeing chapters of the organization throughout North America. “She was a wonderful person, very kind compassionate and sincere. She was so friendly; we’ll miss her dearly,” said Sharon Graham, Director of Admissions and Student Affairs, Faculty of Medicine, Dalhousie University. She took her anesthesiology residency at Dalhousie University where she divided her time between St. John Regional Hospital and various Halifax hospitals. She passed the Royal College of Physicians exams in June 2006. Her ultimate career plans were to work at the IWK Children’s Hospital in Halifax doing pediatric anesthesia and ICU. In Dr. McLaughlin’s limited leisure time, she often returned home to spend time with her family and when the opportunity presented itself, she liked to escape to the Caribbean for a respite from the winter. An outstanding student, with a smiling presence and obviously in love with her life’s work, she was highly regarded by her patients, co-workers and fellow physicians for her knowledge and enthusiasm. She cultivated a large network of friends over the years and in many places and was affectionately known as “MJ”. Michael S. O’Connor, D.O., M.P.H. (CTA’89, CC’96), Cleveland Clinic Cardiothoracic Anesthesia Program Director, recalled a recent August Friday afternoon conversation and her excitement about a new MAC power book she was purchasing. “We had a nice conversation and I remember thinking what a wonderful young lady and how lucky we were to have someone like her in our program.” John F. Vullo, M.D. met Dr. McLaughlin the beginning of July when they started their Cleveland Clinic Cardiothoracic Anesthesia Fellowship together. “I quickly saw her to be a great person and a friend I wanted to have. She was so full of vitality and energy. She was extremely intelligent and exuberant in her work. She was such a great person in so many ways. I enjoyed talking with her about a variety of things; we frequently talked about our pets and our families. In the past few days, I’ve come to see not just how she touched my life but how she has touched others as well in so many different ways. MJ was great to have as both a co-worker and a friend. She will be very missed and never forgotten.” Dr. McLaughlin is survived by her parents, Dr. Joseph and Jill (Stephenson) McLaughlin; sisters, Margot and Lindsay; grandmother, Elizabeth Stephenson; niece Lauren and many extended relatives and friends. Memorial donations may be made to the St. John Regional Hospital Foundation, IWK Health

Center Foundation and the Alzheimer’s Society of New Brunswick.

Samuel G. Morosco, M. D. (OPH’66), a gifted surgeon, compassionate physician, enthusiastic teacher; devoted husband, father and grandfather died July 29, 2006 at his home in Ashtabula, OH. He was 71. A board-certified Ophthalmologist, Dr. Morosco served the Ashtabula community in private practice from 1966 until cardiac disability led to his early retirement in December 1995.

Born April 20, 1935 in Washington, PA, he attended Jefferson Medical College of Thomas Jefferson University in Philadelphia, PA, graduating in 1960 with the M.D. degree, after which he completed a general rotating internship at Sewickley Valley Hospital near Pittsburgh, PA. From 1961 to 1963 Dr. Morosco served as a Captain in the US Army Medical Corps, serving as chief of the ENT Department at 5th Army Headquarters in Chicago, IL where he developed his love for Ophthalmology.

At the conclusion of his military service, Dr. Morosco was accepted into a three-year Ophthalmology Fellowship at Cleveland Clinic and was named Chief Resident in 1966 and won the prestigious William E. Lower Fellowship Thesis Prize.

While a practicing physician, Dr. Morosco was an Affiliate of the Cleveland Clinic CompreCare staff, as well as a member of the American Medical Association; American Academy of Ophthalmology; Christian Medical Society; Ohio State Medical Association; and the Ashtabula County Medical Society.

Known affectionately by many as “Dr. Sam”, he loved to share his deep religious faith and his passion for the game of golf—holding prayer meetings in his home, and offering golf lessons to many friends and especially young children. He was a member of the First Church of the Nazarene and of Maple Ridge Golf Course.

Surviving are his wife of 50 years, Phyllis McDowell Morosco; their children, Gerald Lee Morosco & Paul Ford of Pittsburgh, PA, Jane Elizabeth & Douglas Haines of Geneva, OH and Kathleen Diane & Jeffrey Studer of Austinburg, OH; four grandchildren, and two brothers. His parents and a sister Katherine Doreen Morosco preceded him in death.

Memorial donations can be made to the Good Samaritan Fund of the First Church of the Nazarene in Ashtabula, and in honor of his son to The Frank Lloyd Wright School of Architecture in Scottsdale, AZ.

Wylie H. Mullen Jr., M.D. (DR’51), of Joliet, IL, died on May 8, 2006 at the age of 84. Born in Boone, IA, June 9, 1921, he graduated from the

College of Medicine of the State University of Iowa in 1945. He completed a rotating internship at Cleveland City Hospital (now known as MetroHealth Medical Center) and began a surgical residency before serving in the U.S. Navy, 1946-1948. He and former fellow alumnus **Robert M. Geist Jr., M.D.** (DR’50), (May 5, 1922 to October 25, 1999), went to the Joliet area upon completion of their Cleveland Clinic training and, together, brought new procedures and equipment to the Silver Cross Hospital’s Radiology Department, such as closed circuit remote television fluoroscopy, contract arthroscopy, nuclear medicine (including radio-immuno assays), ultrasound as well as acquiring one of the first cobalt therapy units for radiation therapy and radium for uterine therapy. In the 1970s, Dr. Mullen arranged for the hospital’s first CT scanning equipment before it was mainstream at community hospitals. The pair actively selected outstanding qualified physicians for the group that became Associated Radiologists in Joliet – a group that still provides the hospital’s radiology and imaging services today. As a driving force in the advancement of medicine for over half a century and in appreciation for his long service and continuing support, the new high-tech Wylie H. Mullen, M.D. Diagnostic Imaging Center at Silver Cross was dedicated in the fall of 2000. The \$4 million, 4,600 square foot center features new MRI and 2 CT units and creates a calming and non-invasive atmosphere using a holistic approach. Patients have the opportunity to alleviate claustrophobia while gazing at ceiling murals, which give the appearance of looking out a skylight at colorful treetops. Aromatherapy and music are also integrated in Silver Cross’s Wylie H. Mullen, M.D. Diagnostic Imaging Center.

An advocate for the betterment of health care, Dr. Mullen was also a sharp businessman. His talents as a radiologist gave him the seed money to invest in several corporations including Joliet Metallurgical Laboratories, a highly technical metal stress testing laboratory that tests super alloys at elevated temperatures for jet engines and power plants including General Electric and Rolls Royce. He served as their CEO after retiring from medicine. At one time, Dr. Mullen was a founding member and the major stockholder of Joliet Avionics, now JA, located at DuPage County Airport; had a seat on the Midwest Stock Exchange; owned a farm, a Cadillac-Chevy dealership; and a disposable needle plant.

Not surprisingly, Dr. Mullen’s second love, after medicine, was aviation. He was vice president of the Flying Physicians and president of Mainline

Aviation, which operated the Joliet Airport in the late 1960s and early 1970s. His aviation association began in Iowa in 1941 and, by 2000, he had accumulated 11,500 flight hours in airplanes, gliders and helicopters. He was a flight instructor for over 47 years. Dr. Mullen and his wife traveled in their own airplane all over North, Central and South American and have traveled commercially throughout all seven continents and over 120 foreign countries.

He is survived by his wife, Shirley L. Mullen, a former X-ray technician and community volunteer, a son and three daughters,.

Arjun D. Sehgal, M.D. (NS'63, RES'64), 71, former Director and Chief of Neurosurgery at the Sehgal Neurological Research Institute in New Delhi, India, died of lung cancer May 22, 2006. He was born in India, Dec. 12, 1934 and received his MBBS degree. Survivors include his wife, Versha Sehgal, M.D., an OB/GYN and sons, Vivek Sehgal, M.D., director of the MRI Lab at Wayne State University in Detroit, and Gautam.

Raghvendra K. Tamasker, M.D. (CFAN'71), 74, of Richmond Heights, OH, passed away Aug. 19, 2006. One of 12 children, he was born Oct. 20, 1931 in Bilaspur, Madhya Pradesh, India and received his MBBS degree from the Government Medical College in Jabalpur in 1961. He is survived by his wife, Dr. Shobha R. Tamasker and two children, Chandrashekhar (Bernadine Karunaratne) and Deepak and a granddaughter, Leah. Memorial contributions may be made to Huron Hospital Trauma Center, 13951 Terrace Road, East Cleveland, OH 44112.



2005-2006 House Staff Officers, left to right: Ryan C. Hedgepeth, M.D., Urology ('07), Vice President; Melissa A. Pujazon, M.P.H., M.D, Pediatrics ('07), Social Chair; Chairman of Graduate Medical Education Elias Traaboulsi, M.D.; Michael H. Hsia, M.D., Urology ('06), President; and Katherina Y. Tillan-Martinez, M.D., Internal Medicine ('06), Treasurer.

Please Keep in Contact

Cleveland Clinic Alumni Relations wants to stay on top of significant changes in your life. Have you moved? Taken on a teaching position? Received an academic promotion or professional recognition of some sort? Decided to retire? Have an interesting hobby or avocation you'd like to

share? Your former Cleveland Clinic colleagues really want to know what you are up to. Please take a few moments to complete this coupon so that we can keep them informed via "Contacts" (page 26 of this issue).

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WHAT'S NEW?

Hospital Ranks 3rd in Nation, 11 Specialties Rank Among Top 10

Cleveland Clinic is one of the top three hospitals in the United States, and 11 of its specialties rank among the nation's Top 10, according to the 2006 *U.S. News & World Report* "America's Best Hospitals" survey.

The report, which rates hospitals in 16 specialties, ranks Cleveland Clinic's heart program as No. 1 in the country for the 12th consecutive year. Cleveland Clinic is ranked among the nation's best in all 16 specialties, including nine clinical areas in which its 2006 rankings exceed its 2005 rankings. Cleveland Clinic is ranked best in Ohio for 14 of the 16 specialties, including cancer care.

"We are extremely pleased with Cleveland Clinic's ranking in the latest *U.S. News & World Report* 'America's Best Hospitals' survey," says Delos M. Cosgrove, M.D., President and CEO of Cleveland Clinic. "Throughout our organization, we are committed to putting patients first and providing the best care possible. The strength of Cleveland Clinic's U.S. News rankings in all specialties validates our dedication to clinical excellence."

Complete 2006 rankings for Cleveland Clinic are: cancer, 13; heart and heart surgery, 1; digestive disease, 2; endocrinology, 7; gynecology, 8; kidney disease, 3; neurology and

neurosurgery, 5; ophthalmology, 14; orthopaedics, 5; otolaryngology, 7; pediatrics, 20; psychiatry, 20; pulmonary, 7; rehabilitation, 22; rheumatology, 4; and urology, 2.

According to *U.S. News & World Report*, of 5,189 hospitals evaluated by the magazine, 176 scored high enough in measures of quality, including mortality and patient volume, to be ranked in at least one specialty this year. Geriatrics was dropped from the rankings because it is oriented more toward primary care than to specialized hospital treatment, according to the magazine.

The 14 hospitals selected for the 2006 Honor Roll – with Cleveland Clinic ranked No. 3 – demonstrate an "exceptional breadth of excellence," and score at or the near top of at least six specialties, according to the magazine.

RTI International, Research Triangle Park, N.C., compiled all hospital data and developed the 2006 rankings on behalf of *U.S. News & World Report*. In 11 of the 16 specialties ranked, hard data largely determine a hospital's position. In the other five, (ophthalmology, pediatrics, psychiatry, rehabilitation and rheumatology) the rankings are based on each program's reputation among specialist physicians.)

Cleveland Clinic Alumni Connection

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